

Hospital as Healer Role of Colour Culture Architecture Art And Abiotic Fractions In Healing- “A Union Therapy Initiative”

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Abstract

In ancient time religion art science architecture were linked in fact the art science architecture were tools to spread knowledge and beliefs. The hospital itself have covered a journey from temples to bimaritans to modern day hospitals. Hence this supports the fact that the modern hospital setup has religious roots. However the modern health definition advocated a complete physical and mental wellbeing not merely absence of disease and supports the physiological and psychological part. Hence this approach an extension of union therapy imitative tries to integrate the architectural colour and art with the medical and treatment aspect as advocated in past or followed in alternative medicine to improve health outcome.

Key words: Union therapy; Sayojyachikitsa, VIBG YOUR

Introduction

In ancient Egypt colour had a major significance colours were dedicated to diety like Ra is blue osiris was potaried with green signifying life¹. Similarly in ayurveda and astrology planets have colours and significane on health.² (Tatavarthy et al., 2007)

Colour is property of light. It is referred as a source of energy of different wavelengths which imparts it different colours during its process of absorption and reflection. This is by virtue of vibrations which forms core of everything in universe. This is also been advocated in primitive hermetic principles also that advocate the occult³. The body have chakras. And ll organs have their specific vibrations owing to atoms in them. Light also composed of photons and microns. The spectrum of light is huge and even contains a portion which we cannot see with our eye as we have a vision limited to a certain range of frequency which is known as visible spectrum.⁴ (Gaurav et al., 2010)

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Ancient Links

The light was regarded as a deity in form of its source Sun since the primitive times. There are many cultures and tribes which worship the Sun all round the globe. Owing to this the sun was regarded as god and was prayed for prosperity and even healing purposes. Latter the light emitted by sun was being used as a treatment remedy in Hindu Chinese Egyptian and other ancient civilizations or tribes. Mythological the colour has specific property which possesses behavioural and healing properties on the individual. The colour has a religious aspect also certain colours are regarded as sacred and positive however some are regarded as having negative impacts.⁴ (Gaurav et al., 2010)

The use of light and colour in therapy is known as Chromatherapy, a modality of alternative Medicine. In TCM each organ has its unique colour Similarly Egyptians built solarium fitted with colored glass which give light of specific colour and was used for treatment. Avenica also stressed on importance of colors.⁴ (Gaurav et al., 2010)

Architecture is the reflection of society. It collaborates every aspect relevant to community. In primitive time science art and technology were assumed the same. In art forms there was a pattern to depict the God. The inner world spirituality and religion was stressed through the art forms It was

a medium of knowledge transfer too. Even the architectural parts like dams buildings etc were not separated from the pattern of propagation of beliefs and technology. ⁵ (Asefia et al., 2019)

The art and technology was integrated to cater the needs of the society at that time as it was driven by religious norms hence the glimpse of religious patterns were seen almost in every architecture in past. In addition the religious order was responsible for catering spiritual and social needs of society. The art in architecture was also focused on raising faith of the community in this regard art technology and architecture were blend in a way to enhance faith in the community towards the society norms. (Asefia et al., 2019)

Origin of Find Me Protocol

Hence viewing above two dimensions there is a common link of supernatural diety referred as GOD in both the architectural and color therapy aspect. Hence combining this view gave to a concept of "Find Me Protocol" a concept of union therapy which advocates the use of architectural peculiarities combined with power of color in medical sense as well as its characteristic property sense. To improve health outcomes by influencing the physiological physical health effects of color and architecture in hospitals or health centers.

In addition the characteristic property of colors has been utilized for visual impact as well as psychological and mythological impacts thus making color scheme in health centers in a Holistic Pattern which would serve as decoration identification as well as intrinsic healing purpose in a holistic way.

The Find Me Protocol

In this protocol few colors are used to represent a particular department or service in hospital. The color was selected based on its physical property based on its VIBGYOUR pattern which helps in its identification based on visibility status as well as its medical orientation as per chromo therapy compiled with mythological orientation with reference to its faith based implications

Initially the VIBGYOUR6 pattern signifying the visibility pattern was stressed in find me protocol to acts as a way finder to a visitor either patient or relative to a specific department was restricted to persons particularly to those who are illiterate and can only differentiate colours and could follow colour strips. A pattern of visibility and colour coding in the Biomedical Waste management 2016 rules was found. Thus it made it easier to amalgamate the two in the premises by using a different shade for find me protocol.



Latter literature review on colours role in health and different cultures led to formulation of a full fledged treatment modality which utilizes architecture skills art and healing properties of the colour to be used in the health facility to make use of all three in providing positive health outcome along with accomplishing other roles of decoration identification and infrastructure.

Functionality

The protocol uses colour which have more visibility as markers of a service like OPD IPD and labour Room, Emergency and OT. The assigned layout has been placed outside the hospital premises. Then the arrow sinages of particular colour are put across the hospital to direct the visitor to a specific service department. It acts as directional cum departmental signage in the hospital.

Conclusion

This protocol is based on union therapy⁷ concept given by Kanishk Kala⁷ which supports the view that any modality irrespective of origin which gives a positive health outcome should be respected and ought to be implemented synergistically to provide health outcome. Hence this is an effort to amalgamate the architectural specificities to aid in healing as well as function as originally indented. This approach will incorporate the power of chromo therapy along with the parent therapy being practiced in the hospital premises and will be an example of positive utilization of resources.

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