

## Isolation and Characterization of *Pseudomonas Aeruginosa* Bacteriophages

Jangili Pavan Kumar<sup>1</sup>, Shaik Muzammil Pasha<sup>2</sup>, Yemgdda Goutham Sudhan<sup>3</sup>, Chand Pasha<sup>4</sup>

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### Abstract

*Pseudomonas aeruginosa* is a notorious, opportunistic pathogen and has ability of biofilm formation making it possible to survive in extreme conditions. As antibiotics and disinfectants have shown limited activity, *P. aeruginosa* phage based treatments are proposed as a promising way for biofilm control. *P. aeruginosa* isolates and PB1 like phage particles were isolated from sewage samples collected from sewage treatment plants. PB1 like phage was featured with large burst size of 151PFU/cell, host inactivation in 6 hrs, 80% of host range and had icosahedral head with a diameter of 85X80nm and long non contractile tail of 135nm. PB1 like phages are suitable for lysis of broad range MDR *Pseudomonas* biofilms, which could be used in phage therapy.

**Keywords:** *Pseudomonas aeruginosa*; Bacteriophages; PB1; Cell lysis; Biofilm.

## INTRODUCTION

Antibiotics play an important role as therapeutic and prophylactic in healthcare clinics, veterinary, agriculture, food processing industries, etc. However, indiscriminate uses of antibiotics have led to development of resistance to most of the antibiotics (Reygaert, W. C., 2018). Additionally, the decline in research and development of new antibiotics has limited choice of weapons against pathogenic bacteria (Nathan, C, 2020). It is assumed

that, by 2050, antibiotic resistance will result in 10 million deaths (Bassetti, M. *et al.*, 2017). In recent years, increasing morbidity and mortality due to infections with multidrug resistant pathogens have become a serious concern (De Oliveira *et al.*, 2020). Because of the rapidly increasing cases of antimicrobial resistance, India too has recently declared *K. pneumoniae*, *E. coli*, *A. baumannii*, and *P. aeruginosa* as the 'critical priority' pathogens (DBT, 2021). The phage therapy through administration of lytic bacteriophages has proved successful in the war against these pathogens (Schooley *et al.*, 2017, Duplessis *et al.*, 2018, Qin *et al.*, 2021, Petrovic Fabijan *et al.*, 2020, Patil *et al.*, 2021, El Haddad *et al.*, 2019, Mulani *et al.*, 2019). Among the resistant pathogens, *P. aeruginosa* is a gram negative opportunistic pathogen, predominantly found in hospitals, animal farms, slaughter houses, soil, aquatic environment, and sewage water. *P. aeruginosa* is notorious for being the major cause of death by nosocomial infections,

**Author Affiliation:** <sup>1-3</sup>Student, <sup>4</sup>Assistant Professor, Department of Microbiology, Nizam College, Osmania University, Hyderabad 500001, Telangana, India.

**Corresponding Author:** Chand Pasha, Assistant Professor, Department of Microbiology, Nizam College, Osmania University, Hyderabad 500001, Telangana, India.

**E-mail:** cpasha21@gmail.com

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especially in patients with severe wounds, causing sepsis in immune suppressed patients, chronic lung infections in patients with cystic fibrosis, and chronic obstructive lung disease, bladder catheter associated chronic infections in the urinary tract and ventilator associated serious pneumonia (Diggle *et al.*, 2020). In most cases, treatment of *P. aeruginosa* is very challenging owing to its multiple mechanisms to resist antibiotics and ability to form antibiotic resistant biofilms (Ciofu *et al.*, 2019).

*P. aeruginosa* is a biofilm forming with multiple antibiotic resistances and degradation of various molecules (Hall-Stoodley *et al.* 2004; Harrison *et al.* 2008; Kumari *et al.*, 2009). *P. aeruginosa* is a principle microbe responsible for nosocomial infections (Driscoll JA *et al.*, 2007, Hancock RE & Speert DP, 2000). Phage therapy is a great option in combating *P. aeruginosa* infections (Fu *et al.*, 2010, Wright A *et al.*, 2009, Marza *et al.*, 2006). The ineffectiveness of antibacterial component, intervention of biofilm brought a Steve growth of phages as an alternative to prevent biofilm formation. Despite of several people reported phages of *P. aeruginosa* isolation, characterization but utilization for lysis of biofilm are limited. Here we described the characterization of PB1 phage and its possible exploring to block biofilm.

## MATERIALS AND METHODS

Source of bacteria: *P. aeruginosa* was isolated from samples collected from sewage treatment plant, Necklace road Hyderabad, Telangana, India.

Serial dilutions of the sewage water were prepared, inoculated on LB Agar containing Citramide Plates and incubated at 37°C for 24 - 48 h. A single colony was transferred onto slant surface of Nutrient agar and incubated at 37°C for 48 h. The bacterial isolates were identified by growth on specific media, microscopy, arginine dehydrolase test, coagulase test, catalase test, oxidase test, H2S test and mannitol fermentation test.

### Antibiotic susceptibility test:

Antibiotic susceptibility of Isolated *P. aeruginosa* strains was determined by Kirby Bauer Disc diffusion method. Eight different antibiotics were used in these tests are chloramphenicol, gentamicin, azithromycin, levofloxacin, doxycycline, ciprofloxacin, tobramycin and amikacin.

### Isolation of the bacteriophages:

#### *Bacteriophage enrichment:*

Bacteriophage enrichment was done by taking 4ml of 0.2 µ filtered sample water suspension

(phage source), 1ml of 10x Luria broth and 1ml of exponential growing *P. aeruginosa* and incubated at 37°C for 24 hr. Then the suspension was centrifuged at 15000 rpm for 5 mins and filtered through 0.2 µ syringe filter. The filtrate was mixed with pure culture and over layed using double agar layered based plaque assay method.

### Detection of bacteriophages / Plaque assay:

In a sterile eppendorf, 0.2 µ syringe filtered 100 µl of bacteriophage source and 100 µl of exponential bacterial culture were added and incubated at 37°C for 15 min, then it was mixed with 7ml low melting agar (0.8%) and poured onto nutrient agar plate. Allowed the low melting agar to solidify for 30 min at room temperature and then plates were incubated inverted at 37°C for 24h.

### Isolation of Pure phage:

Using a sterile scalpel, an isolated plaque was picked from the overlaid nutrient agar plate and suspended in 500 µl of phage buffer and diluted. A dilution was mixed with exponential bacterial culture; incubated and under gone double agar layered based plaque assay. Individual plaque obtained in this method was selected.

### Host Inactivation studies:

Pure *P. aeruginosa* strains were inoculated separately into different flasks containing nutrient broth and incubated at 37°C for 24hr. Then the flasks were infected with 0.2µ filtered phages and incubated at 37°C with gentle shaking. The sample was collected from different flasks for every 1 hour, till 8 hours consecutively. The hourly samples of flasks were spread on the nutrient agar plates respectively for viability of host cells. The numbers of colonies in the hourly samples were counted by using colony counter. The time required to kill 90% of initial cells was measured.

### Burst size determination:

An isolated plaque was picked into a sterile eppendorf containing 500 µl of phage buffer and then it was added to 500 µl of bacterial culture in a eppendorf and 100 µl of the mixture was undergone double layered agar based plaque assay.

### Phage purification:

#### *Centrifugation:*

Phage lysate was made cell free by centrifuging at 5000rpm for 10 min and clear lysate was again centrifuged at 15000rpm for 5h to precipitate phages. The pellet was suspended in the phage buffer.

### PEG:

By centrifugation of 15000rpm for 5min, the cells

were removed and the supernatant was collected. PEG 8000 was added to the supernatant solution to make 2% concentration and stirred at 4°C overnight to precipitate the bacteriophages. Then the solution was centrifuged at 15000 rpm for 10 mins, bacteriophages were collected as pellet and suspended in phage buffer and dialyzed.

**Transmission electron microscopy of phages:**

One drop of the purified phage suspension was placed on a copper grid with carbon coated Formvar film for 10 mins at room temperature. 4% aqueous phosphotungstic acid was used for staining at pH 7. The sample was air dried overnight and examined with a Zeiss TEM 900 electron microscope; it was operated at 50 kV. The phage particles were visualized using the Image SP software and a CCD camera.

**Determination of host range:**

The host range of obtained phages was determined by *P. aeruginosa* strains. 1ml of pure *P. aeruginosa* strains, were spread on nutrient agar plates respectively. 50 µl of phages were sprayed on the nutrient agar plates with pure culture. These plates were incubated at 37°C for 24 hrs. Then plates were observed for plaques.

**Biofilm formation studies:**

For the quantification of biofilm formed, overnight cultures of *P. aeruginosa*, was diluted to 10<sup>6</sup> CFU/ml into fresh LB broth supplemented with 1% glucose. 100µl of culture was diluted with 100µl of the same medium and added to 800µl of LB broth placed into each well of 24 well plates. The media changed for every 12 hrs without shaking. Half the volume of old medium in the culture was replaced with fresh medium. The development of biofilms was monitored up to 96 hrs. Biofilms formed were fixed with 200µl of methanol for 15 mins, followed by the addition of crystal violet and incubated for

15 mins. The wells were then washed with water and dried for 2 hrs at room temperature. 200µl of ethanol (95%) was added to dissolve the stain. The absorbance of eluted stain was measured at 570nm in a spectrophotometer. The absorbance at 570nm is a direct indication of the amount of biofilm formed. The biomass was represented as O.D. at 570nm.

**Bacteriophage treatments:**

In this study, the ability of bacteriophages to act on biofilms was determined. To accomplish this, biofilms formed by *P. aeruginosa*, after 12, 24, 36, 48, 60, 72, 84 and 96hrs were infected with *P. aeruginosa* phage. About 1×10<sup>9</sup> phage particles suspended in 0.5mL were added to the different aged biofilms and incubated for 4 hrs, immediately after incubation with the phages, the biofilms were quantitated by staining with crystal violet and measuring the absorbance at 570 nm.

**Statistical analysis:**

Experiments were repeated thrice in triplicates (n = 9) and average values with standard deviation was provided.

**RESULTS**

*Isolation and identification of P. aeruginosa:*

Five strains of *P. aeruginosa* were isolated from sewage samples, collected from sewage treatment plants. *P. aeruginosa* were identified by growth on Citramide agar, microscopy, Biochemical characteristics and the results were presented in Table 1.

Five strains were identified as *P. aeruginosa* based as white colonies on Citramide agar. They were gram negative, rod shaped and 1-3 x 0.4-0.7 µm in size. In the biochemical tests, it was Arginine dehydrolase positive, coagulase negative, catalase

**Table 1:** Identification of *P.aeruginosa* by growth on specific media, microscopic morphology and biochemical tests.

Strain	Growth on specific media	Microscopy morphology	Biochemical Tests					
			Arginine dehydrolase test	coagulase test	catalase test	Oxidase test	H2S test	Mannitol fermentation test
<i>P. aeruginosa</i> 1	white colonies on Citramide agar	Gram negative, rod shaped and 1-3 x 0.4-0.7 µm in size.	positive	Negative	positive	positive	Negative	Positive
<i>P. aeruginosa</i> 2	white colonies on Citramide agar	Gram negative, rod shaped and 1-3 x 0.4-0.7 µm in size.	positive	Negative	positive	positive	Negative	Positive
<i>P. aeruginosa</i> 3	white colonies on Citramide agar	Gram negative, rod shaped and 1-3 x 0.4-0.7 µm in size.	positive	Negative	positive	positive	Negative	Positive

*table cont.....*

P. aeruginosa 4	white colonies on Citramide agar	Gram negative, rod shaped and 1-3 x 0.4-0.7 $\mu\text{m}$ in size.	positive	Negative	positive	positive	Negative	Positive
P. aeruginosa 5	white colonies on Citramide agar	Gram negative, rod shaped and 1-3 x 0.4-0.7 $\mu\text{m}$ in size.	positive	Negative	positive	positive	Negative	positive

positive, oxidase positive, H<sub>2</sub>S negative and mannitol fermentation positive.

#### Antibiotic susceptibility test:

Results showed that *P. aeruginosa* was resistant to majority of antibiotics. High

rate of resistance was against doxycycline, azithromycin, chloramphenicol and ciprofloxacin. It was intermediately susceptible to gentamycin, levofloxacin, tobramycin and amikacin. It was not highly susceptible to any of the antibiotics.

**Table 2:** Antibiotic susceptibility test of *P. aeruginosa* as zone of inhibition (mm) with 100 $\mu$  concentration.

Bacteria	Strain	Chloramphenicol	Gentamicin	Azithromycin	Levofloxacin	Doxycycline	Ciprofloxacin	Tobramycin	Amikacin
<i>P. aeruginosa</i> 1	HN1	7.04	10.24	2.85	11.45	2.56	8.3	10.28	15.36
<i>P. aeruginosa</i> 2	HN2	7.01	10.11	2.24	11.25	2.21	7.6	10.19	15.12
<i>P. aeruginosa</i> 3	HN3	6.98	9.98	2.48	10.89	1.99	8.1	10.54	14.89
<i>P. aeruginosa</i> 4	HN4	7.03	10.02	2.59	11.56	2.24	7.9	10.98	15.19
<i>P. aeruginosa</i> 5	HN5	7.01	10.22	2.78	11.94	2.17	7.3	10.33	14.94

#### Bacteriophage enrichment:

Phage enrichment filtrate contained numerous phages and formed plaques of varying sizes specific to *P. aeruginosa* strains.

#### Detection of bacteriophages/plaque assay:

In Plaque assay, after incubation, bacteriophage plaque formation was determined and plaques were counted as plaque forming units (PFU). *P. aeruginosa* plaques were round as in fig. 1.



**Fig. 1:** Plaque assay of *P. aeruginosa* showing plaques

#### Phage purification:

Plaque was purified and used in plaque assay method which produced plaques specific to *P. aeruginosa* on nutrient agar plates. Single and isolated plaque was selected for pure phage.

#### Host Inactivation Studies:

The number of colonies in hourly samples were counted using colony counter. The viable cell count was more till 1 hour, from 2nd hours, the number of viable cells started decreasing in a descending order. 90% of *P. aeruginosa* cells were inactivated in 6 hours.

#### Burst size determination:

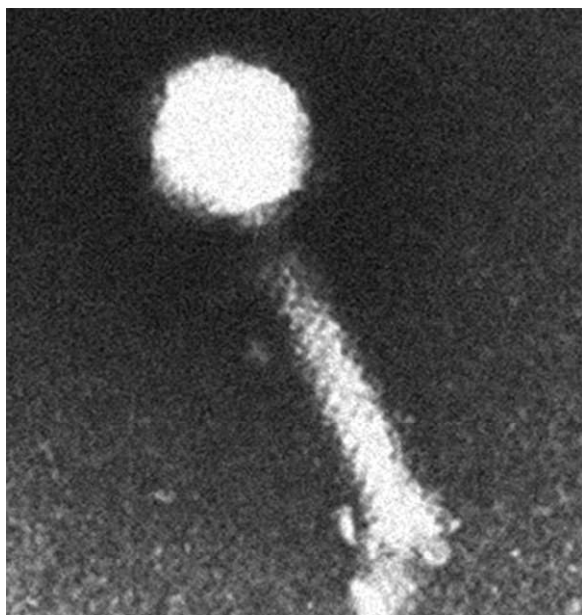
Plaques were observed on the nutrient agar plates. The plaque with largest burst size was the bacteriophage with higher affectivity. *P. aeruginosa* phage produced the burst size of 151 PFU per cell.

#### Bacteriophage isolation and purification:

The *P. aeruginosa* bacteriophages were isolated from sewage samples, phages were like lambda phages in morphological appearance, having icosahedral head with a diameter of 85 x 80nm and long non contractile tail of 135 nm based on TEM. It is PB1 like phage in Fig. 2.

#### Determination of Host range:

Host range was determined using five *P.*

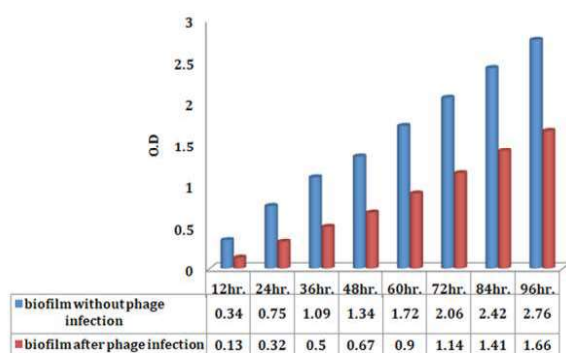


**Fig. 2:** Transmission electron microscopy image of P. aeruginosa phage.

aeruginosa strains. The P. aeruginosa bacteriophage had 80% of host range as it infected four out of five P. aeruginosa strains.

**Effect of phage treatment on the bacterial biofilms:**

P. aeruginosa biofilms obtained were treated with the phages for 2–4 hrs. Immediately after incubation with phage, the biofilms were stained by crystal violet assay. The phage reduced the biomass of P. aeruginosa bacterial biofilms in a time dependent manner. Upon phage treatment for 4 hrs the O.D. decreased in biofilms of 12h ( $0.34 \pm 0.04$  to  $0.17 \pm 0.05$ ), 24h ( $0.75 \pm 0.03$  to  $0.38 \pm 0.08$ ), 36h ( $1.09 \pm 0.04$  to  $0.55 \pm 0.06$ ), 48h ( $1.34 \pm 0.01$  to  $0.72 \pm 0.02$ ), 60h ( $1.72 \pm 0.02$  to  $0.91 \pm 0.03$ ), 72h ( $2.06 \pm 0.037$  to  $1.08 \pm 0.017$ ), 84h ( $2.42 \pm 0.01$  to  $1.25 \pm 0.04$ ) and 96h ( $2.76 \pm 0.05$  to  $1.45 \pm 0.026$ ).



**Fig. 3:** Impact of P. aeruginosa phage on the biofilms by crystal violet staining.

**DISCUSSION**

Pseudomonas form biofilm on a wide variety of surfaces, including living tissues, indwelling medical devices, industrial or potable water system piping, or natural aquatic systems have become problematic (Hall-Stoodley *et al.* 2004). Biofilms are difficult to deal than the single bacterial infections as they require high doses of antibiotics, longer periods of time for treatment. This leads to increase in antibiotic resistance among the microbes in biofilms. Biofilm formation leads to less penetration of antibiotics (Nair *et al.* 2016). Pseudomonas are prevalent in sewage (Piracha *et al.*, 2014), hospital (Remold SK *et al.*, 2011), lakes (ZehraChegini *et al.*, 2020), etc. and generally responsible for nosocomial infections (Diggle *et al.*, 2020). The antibiotics and disinfectants are decomposed by P. aeruginosa forcing us to think for alternatives (Harper D.R. *et al.*, 2014). Lytic bacteriophages are most effective alternatives to handle resistant and biofilm forming P. aeruginosa (Harper D.R. and Enright M.C. *et al.* 2011). Sewage is known to be rich source of P. aeruginosa and its bacteriophages (Eman M. Marei *et al.*, 2020). In this study, P.aeruginosa was isolated from samples, collected from sewage treatment plant. Eman M. Marei, (2020) isolated P. aeruginosa from Cystic fibrosis patients (Essoh C *et al.*, 2015). Phages will be more in the environment of their corresponding bacteria (Xie *et al.*, 2005). P. aeruginosa phages were also isolated from sewage samples (Essoh C *et al.*, 2015; Chegini *et al.* 2020). P. aeruginosa was found to be multidrug resistant (Pallavali *et al.*, 2017; sonika Sharma *et al.*, 2021; Sharahi JY *et al.*, 2020) and the same is confirmed in the present study. Isolates of P. aeruginosa revealed 50%, 63.9%, 16.7%, 8.3%, and 16.7% resistance to imipenem, cefepime, amikacin, tobramycin, gentamicin, respectively (Hosu MC *et al.*, 2021). Brzozowski *et al.* 2020 reported lower resistance to imipenem and cefepime and higher resistance to tobramycin, amikacin, and gentamicin. P. aeruginosa lytic phages have been used in several studies to cure infections caused by MDR strains of P. aeruginosa. phage in this study infects and destroys five MDR P. aeruginosa bacterial strains. The lytic phage PAXYB1 isolated from waste water was used to kill P. aeruginosa strain PAO1 and other clinical isolates (Yu X *et al.*, 2017). The lytic phage AZ1 was isolated against the MDR clinical strain of P. aeruginosa-2995 and this phage activity was determined against P. aeruginosa 2995 in both planktonic cells and the biofilm (Jamal M *et al.*, 2017). In another work, bacteriophages were isolated from sewage and tested against MDR-bacterial isolates



(*P. aeruginosa*, *S.aureus*, *K. pneumoniae* and *E. coli*) from patient with septic wound infections. These phages displayed perfect lytic activity against the MDR bacteria causing septic wounds and concluded that phages are therapeutic options for treating septic wounds (Pallavali RR *et al.*, 2017). *P. aeruginosa* phage isolated from sewage of Ilam had significant effects against a variety of clinical and general laboratory strains of *P. aeruginosa* (Azizian R *et al.*, 2015). In present study, 90% of *P. aeruginosa* cells were inactivated in 6 hours whereas in study of Sonika Sharma *et al.*, (2021), 90% of *P. aeruginosa* cells inactivated in 7 hours. *P. aeruginosa* phage burst size is 151 PFU per cell. *P. aeruginosa* phages with larger burst sizes are phage PAXYB1 (burst size approximately 141 PFU/cell) and phage PPA-ABTNL (burst size approximately 110 PFU/cell) (Yu X *et al.*, 2017, Cao Z *et al.*, 2015), phage  $\phi$ /PSZ1 (burst size approximately 100 PFU/cell) and phage  $\phi$ /PSZ2 (burst size approximately 100 PFU/cell) (El Didamony G *et al.*, 2015).

In this study, Phages were PB1 like phage in morphological appearance, having icosahedral head with a diameter of 80nm X 75nm and long non contractile tail of 130nm based on TEM. The phage PPaMa 1/18 had large, icosahedral head with diameter of 90 nm × 75 nm and long contractile tail of 215nm in length and SL2 phages were with head of 120 nm diameter and tail of 170 nm length. (Jurczak-Kurek A *et al.*, 2016). The phage DRL P1 had icosahedral head with diameter of 197.47nm and tail of length 94.54 (Sonika Sharma *et al.*, 2021). PAK-P1 like phages showed morphology of 130 nm tail and a 67-70 nm head (Essoh C *et al.*, 2015). The *P. aeruginosa* bacteriophage in this study had 80% of host range as it infected four out of five *P. aeruginosa* strains. PPaMa1/18 phage had the broadest host range with 85.7% infectivity of *P. aeruginosa* isolates (Majdani R, Shams Ghahfarokhi E., 2022). The cluster of phages which belonged to six genera also had 80% host range as they infected 16 out of 20 *P.aeruginosa* isolates (Essoh C. *et al.*, 2015). The effect of phage treatment on the bacterial biofilms was tested by crystal violet staining as reported by Sonika Sharma *et al.*, (2021), whereas the anti-biofilm activity was tested using safranin staining by P. Gupta *et al.*, (2017). In this study, the biofilms were degraded by 50% due to phage infectivity for 4hrs, where as 55%, 41%, and 33% of biofilms were degraded after 12 h, 24 h, and 48 h of incubation with phage, respectively (Sonika Sharma *et al.*, 2021).

## CONCLUSION

*P. aeruginosa* is a multi drug resistant, opportunistic pathogen forming biofilms and phage therapy is believed to be only solution. *P. aeruginosa* isolates and PB1 like phage particles were isolated from sewage samples collected from sewage treatment plant. PB1 like phage was featured with large burst size of 151PFU/cell, host inactivation in 6 hrs, 80% of host range and had icosahedral head with a diameter of 85 × 80nm and long non contractile tail of 135nm. PB1 like phages are suitable for lysis of broad range MDR *Pseudomonas* biofilms hence can be used in phage therapy.

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