**Abstract**

A descriptive study was conducted to assess fatigue among cardiac patients at K.S.Hedge Medical College hospital, Mangalore. All the patients attended cardiac OPD with cardiac disease were selected using convenience sampling technique and sample size comprised of 55 patients. A standardized tool, Multidimensional fatigue inventory- 20 was used to collect the self reports. The findings revealed that 96.4% of the respondents

reported that they experience fatigue with cardiac disease. And 61.8 % of respondents had self reported that they experience more of general fatigue than other aspects. The fatigue scores were computed with various

cardiac diseases to explore association and it was found general fatigue, physical fatigue and reduced motivation aspects were significantly associated with cardiac diseases at P< .05 level of significance whereas mental fatigue and reduced activity showed no significant association. There was no association between the fatigues

scores and demographic variables as well.

**Key words**: Fatigue; Multidimensional fatigue inventory- 20; cardiac disease.