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CASE REPORT

Breast Milk Analysis of G2 of LSCS Third Day Mother with Widal Positive: Case Report

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ABSTRACT

The jwara (fever) is form of rudra prakopa which is originated due to the pitta dosha & rasa dhatu as dushya which takes shelter in sharira as well as manasa to produce main lakshana as santapa over deha well as manasa along with there is increased in body temperature as a min lakshana. The jwara can menifests at any age of life to any animals. It is one among the rasavaha srotasa as stanya is upadhatu of rasa dhatu surely it is going to affect. Typhoid fever is most common in lactating mother the same of widal positive lactating mother of G2 of LSCS of third day the stanya pariksha is been carried out by using modern technique same case presenting over here.

KEYWORDS

• Jwara • Widal Test • Stanya Pareeksha

INTRODUCTION

The jwara (fever) is consider one among the agreya because of its severity[1] It is one among the rasavaha srotasa vikara[2] where pitta[3] is main culprit in producing the lakshana. It has been said that the jwara can manifest in all animals at any age & even gives clues for janana & marana.[4] There are different type

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of jwara are explained according to dosha involvement[5] dhatu involvement[6] & sthan of utpatti. The main dhatu involved in jwara is rasa. The rasa dhatu is the first dhatu which is produced after the proper anna pachana with the help of pachakagni[7] The rasa is having the upadhatu called stanya[8] which plays an important role in maintaining the immunity in case of bala[9] if satnya is going to vitiate then there is impairment in the poshana of bala[11] & produces the different disease.[10.] As said in classics jwara can manifest at any stage of life even it also affects the lactating mother. The typhoid fever is commonest form of fever in case of lactating mother the case of lactating mother of of day third & G2 having the complaints of fever with the widal positive with the titration of 1:320 & 1:180 for O & H respectively. The stany is assessed for the same.

CASE REPORT

The 30 years G2 mother delivered through LSCS (indication: previous indication)on 4th day she was complained the fever 102 F which is lasting for the 2 hours even after giving the paracetamol & next day also she complained the same fever along with the chills the chills where lasting for 2-3 minutes on next day laboratory investigation showed the widal positive with 1:320 & 1:180 for O & H respectively as satny is the upadhatu of rasadhatu it is also going to vitiate after its main dhatu involvement the same analysis is done over here by conducting different test.

Table 1: Tests for Dushita Stanya

Test	Findings	Normal findings	Dosha involved
Varna	Dark color yellow	Prakrat warna[12] & sankha varna	Pitta^{+++}
Temperature of milk & temp of mother	Mother temp - 102 F & milk temp - 109 F	-	Pitta^{++}
Shake test	Positive due to vitiation of stanya	Negative	Vata^{++}
Glass Water test (apsu pariksha)[15]	Streaks/linings are present	Duhya udaka mana vyati prakrat bhutat 13/ksiprap eki bhavati panduram[14]	Pitta^{+++}
pH	9	-	Kapha^{++}
Viscosity[16] (picchila)	Atipicchila	Naatipichila	Kapha^{++}
Smell	Mild	Prakar at gandha[12]	Pitta^{++}



Figure 1: Apsu pariksha - 1



Figure 2: Apsu pariksha - 2



Figure 3: Apsu pariksha - 3



Figure 4: Picchilaa pariksha



Figure 5: Shake test



Figure 6: pH test

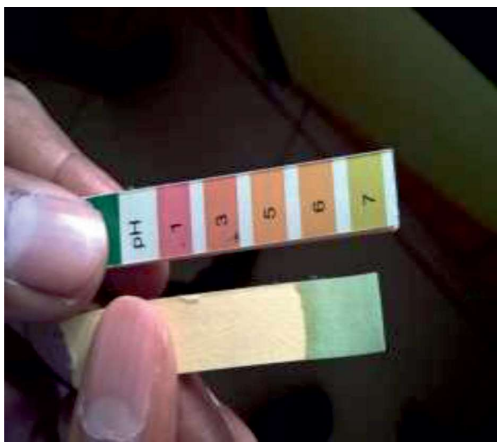

Figure 7: pH test

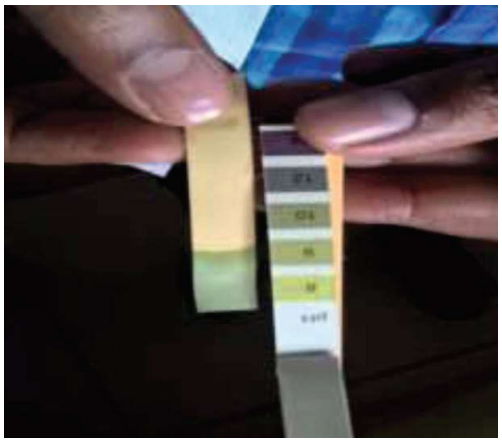

Figure 8: pH test

DISCUSSION

The jwara being agreya due its severity as there is involvement of rasa being stanya as upadhatu of it stanya also affects the same stany been analyzed over here the Ph is raised i.e 9, apsumajjana test is absent instead of that streaks are appeared due due vitiation of stany by pitta dosha, the viscocity also increased due to kapha dosha involvement, shake test positive with the frothy over the surface because of vata dosha involvement. the varna, gandha are affected because of pitta dosha involved overall the tridosha involvement in case of stany dusti of widal with typhoid mother with the predominance of pitta dosha as tha pitta dosha is main culprit in producing the jwara.

CONCLUSION

After critically analyzing the widal positive mother breast milk there is probable involvement of tridosha with the predominance of pitta dosha as pitta main culprit in the stanya. The classical stanya pariksha stands in scientific shelter to give the proper shades of knowledge with the least labarotical investigations

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