Review Article

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Turkey Teeth

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Abstract

The term "turkey teeth" refers to the extremely white, exceedingly square, and attractive teeth that millennials and social media users in particular are eager to have. Individuals with "Turkey teeth" are those who have had dental work performed abroad, primarily in Turkey. The primary factor influencing people's decisions to have this operation is Turkey's significantly lower cost.

Keywords: Turkey Teeth; Tooth Complications; Tooth Preparation.

INTRODUCTION

On social media, a new cosmetic dental craze called "Turkey teeth," which entails travelling abroad to improve your teeth, has gained enormous popularity. It is said to have gained popularity after well known people like Katie Price, Kerry Katona were seen travelling to Turkey to get veneers put in. Numerous patients in the UK have complained of terrible side effects, such as teeth dying or rotting, excruciating pain, and in some cases people receiving crowns rather than veneers. As a result, many dentists in the UK are warning patients about the risks involved. The British Dental Association (BDA) conducted a survey of 1,000 dentists about dental tourism and found that 95% of them had examined patients who had travelled overseas for dental care. 86% of them claim to have dealt with circumstances when issues developed. There are many options available in terms of shape, quality, and colours for persons choosing "Turkey teeth." But since they are larger and whiter than they ought to be, these teeth frequently look artificial.

Detailing a number of potential issues that could arise throughout this operation

- Damage to the nerves or tissues
- Excruciating pain
- Swelling and redness
- Difficulty chewing
- Irritation and Inflammation in a specific locations.

The phrase "Turkey Teeth" refers to a dental operation done in Turkey that went badly, typically veneers or dental crowns. It frequently results from invasive therapies, forceful tooth reduction, excessive tooth filing. These errors can lead to long term issues or teeth that appear like fangs below the prosthetic. The phrase originated from stories published on social media sites like TikTok. A few social media users expressed their dissatisfaction

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with the operations by posting their depressing experiences online. Some even said they were unaware of the nature of the treatment or that they would have preferred a more conservative approach. Some of them had major problems and negative effects. The Turkey Teeth Trend originated in this manner.



Turkey Teeth allude to subpar dental crowns that produce subpar results when we talk about them. This can occur for two causes and result in negative experiences (***Source:*** provided by author)

1. The patient was unaware of the invasiveness and irreversibility of the therapy since they lacked sufficient knowledge regarding irreversibility and the requirements of a dental crown procedure.
2. Neither the doctor nor the patient received enough information from them (alas, incompetent doctors are everywhere in the world).

Who's to blame? It's not easy to say

- Recently, there has been a tendency towards ignoring conservative dentistry and choosing quick fixes. This could be as a result of the patient's unreasonable demands or the dentist's own preference for less cautious, but occasionally more profitable procedures.
- Also, the tendency in dentistry seems to be seeking quick, spectacular outcomes for dazzling whites. This calls for drastic changes that people frequently don't need in a short amount of time and without the necessary understanding of the technique.
- Not all dentists in Turkey are the same just like in the rest of the globe. Regardless of the nation or price range, ethics, knowledge, approach, talent, and capacity differ.
- We can't escape the "viral factor"; the potential for making anything go viral on social media could cloud people's judgement. From individuals trying to generate viral moments by sharing their stories to individuals discussing dentistry treatments in straight forward and uncomplicated language. Perhaps it's time to pause, take a big breath, and start making decisions that are healthy for us.

Why are teeth less expensive in Turkey?

It is quite popular among patients and those who are merely interested in having dental work done in Turkey.

1. A favourable currency conversion rate for those with euros, dollars, or pounds;
2. The reduced cost of living and lower overall medical bills;
3. Incentives provided by the Turkish government to medical facilities serving patients from abroad.

For those who have strong currencies, these costs are less expensive (as we said, euro, dollar, Canadian dollar, pound, etc). For Turkish nationals, the fees are high and are regarded as luxury expenses.

CONCLUSION

A person's life can be changed by getting dental crowns. It not only improves the look of teeth but also protects them and can help you regain your ideal smile. Yet, the cost of this dental care might be rather high. Turkey has been one of the centre of dental tourism because of this. As a matter of fact, it enables patients to receive the best dental care at a fraction of the price of services in places like the United States, Europe, Canada, the United Kingdom, etc. Turkey offers the highest quality cosmetic dentistry anywhere. Every year, hundreds of patients travel to Turkey for top notch dental care to restore their healthy.

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