

## LETTER TO EDITOR

## Suvachakah: A National Workshop Report

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## HOW TO CITE THIS ARTICLE:

Mahadev P.M., Preeti A., Deepdevi B. Suvachakah: A National Workshop Report. Ind J Anct Med Yoga. 2026; 19(2): 53-56.

The Department of Kaumarabhritya and Department of Ayurveda Samhita Siddhanta evum Sanskrit, NK Jabshetty Ayurvedic Medical College, Bidar, hosted a 2 days National Level workshop Suvachaka-2025, (18/7/2025 and 19/7/2025) at Shri Ganpatrao Halwai Auditorium, N K Jabshetty Ayurvedic medical College Bidar. The event brought together around 450 delegates, including 350 students from N K Jabshetty Ayurvedic medical College Bidar Bidar and 100 students of other colleges (Raja Rajeshwari Ayurvedic Medical College And Hospital, Humnabad. Samata Ayurvedic Medical College, Hospital and Research Centre, Aland, Kalburgi, Shri Jagadguru Gavisiddheshwara Ayurvedic Medical College Koppal, SBG Ayurvedic Hospital Belagavi).

The inauguration session began at 9:30 am in the divine Presence of Shri B.G. Shetkar, Secretary, Chidambar Shikshana Samsthe, Sri Swatmanand Swamiji, Member, Chidambar Shikshana Samsthe, Bidar, Dr. Havagirao Mailare, Administrative officer, Dr.

Chandrakanth Halli, Principal, Dr. Deepadevi B, Head of the Department of Ayurveda Samhita Siddhanta, and Dr. Preeti A, Head of the Department of Kaumarabhritya.

Day commened with the Prayer by Dr. Bhagyashree & Team, setting the tone for an enlightening day. The welcome speech was delivered by Dr. Chandrakanth Halli, Principal, warmly welcoming the distinguished guest and delegates, and Dr. Shailaja anchored the inauguration program, Dr. Bhavanishree, Assistant Professor, Department of Samhita Siddhanta evum Sanskrit, briefly read the Biodata of the guest Speaker, giving the audience and insightful overview of their Academic Journey, professional achievements, and significant contribution in the field, there by setting a respectful and engaging tone for the session. Dr. Akshay Jadhav, Assistant professor, Department of Kaumarabhritya given an introductory speech, Dr. Ajay Biradar, Assistant professor department of Kaumarabhritya given vote of thanks on inaugural session.

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**Day 1 - First Session:** The session focused on introducing the Kashyapa Samhita by providing its historical context and highlighting its enduring significance in the Ayurvedic tradition. Key chapters from Sutra Sthana and Kalpasthana were discussed, emphasizing their relevance in modern clinical practice. Followed by the Question answer session was addressed.

**Second Session (Afternoon):** This session delivered into Acharya Kashyapa's unique contributions to Ayurvedic thought, with special emphasis on Kaumarabhritya, Striroga, and Prasuti. The discussion offered valuable insights into these crucial branches, deepening participants' understanding of the practical applications of Kashyapa Samhita's principles.

**Day 2 (19/07/2025):** Started with formal welcoming by Mr. Mahesh, Assistant Professor, Department of Samhita siddhanta evum Sanskrita

**First Session (Morning):** The day began with an insightful session on Charaka Samhita, focusing on Ayurveda Avatarana and Beeja Bhaga Beeja Bhaga avayava (Ayurveda genetics). The discussion explored the intersection of traditional Ayurvedic wisdom with modern genetic concepts, covering important topics such as Beejadasha and viral infections as explained by Acharya Charaka, offering a nuanced understanding of Ayurveda's relevance in the context of modern biology.

**Second Session (Midday):** This session emphasized the clinical relevance of Vajeekarana (and Jwara Chikitsa in line with Charaka Samhita's principles. Participants gained insights into the practical applications of these treatments, demonstrating how Charaka's teachings continue to inform and guide modern clinical practice.

**Third Session (Afternoon):** The focus shifted to the significance of Tantrayukti the Ayurvedic methodology particularly in clinical settings. Practical examples and case studies were presented to illustrate how these foundational concepts can be effectively integrated into patient care, enriching diagnostic and therapeutic approaches.

**Panel Discussion (Evening):** The day concluded with an engaging panel discussion, where participants had the opportunity to raise queries and clarify doubts. This interactive session allowed for deeper understanding and reflection on the topics discussed throughout the day.

The workshop was systematically scheduled, featuring sessions on various topics related to Kashyapa Samhita, Charaka Samhita, Ashtanga hridaya, & Astanga Sangraha. The event provided a platform for knowledge sharing, discussion, and learning among the delegates. With active participation from students and faculty members, the workshop concluded with a sense of accomplishment and newfound understanding of Samhita.

The valedictory function was carried out in the presence of esteemed dignitaries, including Havagirao Mailare, Administrative Officer, Chidambara Shikshana Samsthe Bidar; Dr. Chandrakanth Halli, Principal, NK Jabshetty Ayurvedic Medical College, Bidar; Dr. Shridevi Swami, Vice Principal; Dr. Vijaykumar Biradar, Dean; and Dr. Ashwinikumar, Academic In-Charge, Dr. Deepadevi B, HOD, Department of Ayurveda Samhita Siddhanta evum sanskrit, Dr. Preeti A HOD Department of Kaumarabhritya, were present

Mr. M Maheshkumar assistant professor department of Samhita Siddhanta and Samskrita anchored the valedictory program, Dr. Deepadevi B, HOD, Department of Ayurveda Samhita Siddhanta evum Sanskrit read out the seminar report, highlighting the key discussions and takeaways from the event.

The chief guest, Dr. Abhijit Saraf Sir, congratulated the organizers for successfully conducting the seminar and appreciated the efforts of the faculty members and participants.

Students from various colleges shared their views and feedback about the seminar, expressing their gratitude for the knowledge and insights gained. Dr. Bhavanishree, Assistant Professor, Department of Ayurveda Samhita Siddhanta, delivered the vote of thanks, acknowledging the contributions of all involved in making the seminar a success.

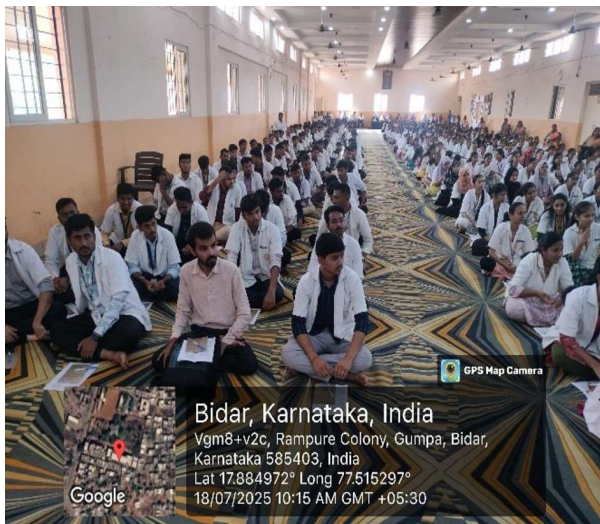
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