

REVIEW ARTICLE

Occupational Hazards vs Modernization of Agriculture: A Holistic study on The tribal Farm Women of Birbhum, West Bengal

Anannya Chakraborty

HOW TO CITE THIS ARTICLE:

Anannya Chakraborty. Occupational Hazards vs Modernization of Agriculture:- A Holistic study on The tribal Farm Women of Birbhum, West Bengal. J Agri Busi 2026; 12(1): 106–114.

ABSTRACT

A study was conducted on Raipur GP and village, Sriniketan block, Birbhum district of West Bengal, India. With 200 respondents. Agriculture is an ancient profession that has played a crucial role in human civilization and has provided sustenance for millions of people throughout history. However, it is important to recognize that agriculture can also be a hazardous occupation, particularly in regions where safety regulations and standards are lacking or not adequately enforced. The tribal farm women of Birbhum district in West Bengal, India, face significant risks and vulnerabilities related to their involvement in agriculture. Total 18 variables are considered for the study in which 13 are Independent variables and 5 are Dependent variables. After performing all the studies the outcomes which we are expecting are a comparative picture can be revealed of the physical and mental status of tribal farm women of present day and of the era of drastic manual labor. Beside that Analysis of change in trends of farming can be done as far as the mechanization of agriculture is concerned. And also A Preliminary Idea would be generated on the occupational hazards, suffered by tribal women while farming.

KEY WORDS:

• Occupational Hazards • Tribal Women • Problems • Health Issues

INTRODUCTION

Agriculture is an ancient profession that has played a crucial role in human civilization and has provided sustenance for millions of people throughout history. However, it is important to recognize that agriculture can also be a hazardous occupation, particularly

in regions where safety regulations and standards are lacking or not adequately enforced. The tribal farm women of Birbhum district in West Bengal, India, face significant risks and vulnerabilities related to their involvement in agriculture. India is indeed an agrarian economy, and agriculture has

AUTHOR'S AFFILIATION:

Assistant Professor, School of Smart Agriculture, Adamas University, Kolkata, India.

CORRESPONDING AUTHOR:

Anannya Chakraborty, Assistant Professor, School of Smart Agriculture, Adamas University, Kolkata, India.

E-mail: chakraborty.eat@gmail.com

➤ **Received:** 06-09-2024 ➤ **Accepted:** 05-10-2025



been the backbone of the country's economy for centuries. West Bengal, being one of the states in India with significant agricultural activities, relies heavily on this sector for income generation. Within West Bengal, Birbhum district is known for its agricultural prominence, contributing substantially to the state's agricultural output.

CHALLENGES

Agriculture in India is not just a means of livelihood but also a way of life for millions of people. The majority of the rural population in India is involved in various agricultural activities, such as crop cultivation, animal husbandry, and forestry-based activities. While agriculture sustains the livelihoods of a vast population, it also exposes them to several occupational hazards and challenges.

1. **Lack of Safety Measures:** One of the major issues faced by agricultural workers in India, including those in Birbhum district, is the lack of proper safety measures. Agricultural activities often involve the use of heavy machinery, tools, and chemicals. However, due to financial constraints and a lack of awareness, many farmers and laborers do not have access to modern and safe equipment. This increases the risk of accidents and injuries during farming operations.
2. **Exposure to Chemicals:** Pesticides, insecticides, and fertilizers are widely used in Indian agriculture to protect crops and enhance yields. However, the improper use and handling of these chemicals can lead to health issues for the farmers. Prolonged exposure to these chemicals without adequate protective gear can result in skin problems, respiratory disorders, and other health complications.
3. **Manual Labor and Health Concerns:** In many parts of India, including Birbhum district, agricultural tasks are often labor-intensive and require manual work. Prolonged and repetitive manual labor can lead to physical strain and musculoskeletal disorders among farmers and laborers.
4. **Unpredictable Weather Conditions:** Indian agriculture heavily relies on monsoon rains, and any fluctuations

in rainfall patterns or extreme weather events like droughts or floods can cause significant losses to farmers. Climate change adds further unpredictability to the weather, making farming more challenging.

5. **Lack of Training and Education:** Many farmers in rural India, including those in Birbhum district, might not have access to modern agricultural practices and knowledge. The lack of training and education prevents them from adopting improved farming techniques, which could potentially increase productivity and reduce risks.
6. **Debt and Financial Vulnerability:** Farming is often a financially precarious profession. Many farmers face debt due to factors like crop failure, low prices for agricultural produce, or high input costs. This financial vulnerability can have severe consequences, including farmer suicides, which have been a tragic issue in various parts of India.

To address these challenges, it is essential to focus on implementing better safety measures, providing proper training and education to farmers, and promoting sustainable agricultural practices. The government and non-governmental organizations play a crucial role in supporting farmers by providing them access to resources, technology, and financial assistance. Additionally, investment in research and development for agriculture can lead to the development of crops that are more resilient to climate change and diseases, reducing risks for farmers. Overall, agriculture will continue to be the lifeline of India's economy and the livelihood of millions of people. It is vital to recognize the challenges faced by farmers and work towards building a sustainable and secure agricultural sector for the well-being of rural communities.

Agriculture, while being a vital sector for economic sustenance, can expose farmers and agricultural workers to various hazards. These hazards can affect their health, safety, and overall well-being. Here are some common agricultural hazards:

Physical Hazards: Farming often involves the use of heavy machinery and equipment, which can lead to accidents if not operated properly. Tractors, harvesters, and other machinery can

cause injuries such as crush injuries, fractures, and amputations. Additionally, working in extreme weather conditions, such as excessive heat or cold, can also pose physical risks.

Chemical Hazards: The use of pesticides, herbicides, fertilizers, and other chemicals in agriculture can expose farmers to toxic substances. Handling these chemicals without proper protective gear can lead to skin irritation, respiratory problems, and long-term health issues.

Biological Hazards: Farmers and agricultural workers may come into contact with various biological agents, including bacteria, viruses, and parasites. Exposure to these pathogens can result in infections and diseases, particularly for those involved in livestock rearing or poultry farming.

Ergonomic Hazards: Many agricultural tasks involve repetitive and physically demanding movements. Prolonged bending, lifting, and carrying heavy loads can lead to musculoskeletal disorders, such as back pain, joint problems, and repetitive strain injuries.

Noise Hazards: Farming activities often generate high levels of noise, especially during the operation of machinery. Long-term exposure to loud noise can cause hearing loss and other auditory problems.

Electrical Hazards: Working with electrical equipment or near power lines can expose farmers to the risk of electric shocks and electrocution.

Confined Spaces: Grain bins, silos, and other confined spaces on farms can be hazardous due to the risk of suffocation and entrapment. Accidents may occur when workers enter these spaces without proper safety protocols.

Psychosocial Hazards: Farmers face significant stress and pressure due to factors such as uncertain weather conditions, market fluctuations, and financial hardships. This can lead to mental health issues, including depression and anxiety.

Zoonotic Diseases: Farmers who work closely with animals are at risk of contracting zoonotic diseases—diseases that can be transmitted from animals to humans. Examples include brucellosis, avian influenza, and Q fever.

Climate and Environmental Hazards: Climate change can bring about extreme

weather events like droughts, floods, and heatwaves, affecting crop yields and livestock health. Soil degradation, deforestation, and water pollution are also environmental hazards that can impact agricultural productivity.

To mitigate these hazards, it is essential to promote proper safety training, provide protective equipment, and adopt modern agricultural practices that minimize risks. Government agencies, agricultural organizations, and communities must work together to create awareness, implement safety regulations, and support farmers in adopting sustainable and safer farming methods. By addressing agricultural hazards, we can ensure the well-being of those working in the agriculture sector and enhance the overall productivity and resilience of the industry.

Various organizations, government bodies, and NGOs are actively engaged in making concerted efforts to tackle the challenges faced by tribal women in agriculture. Their primary focus is on enhancing safety and well-being in this sector. These initiatives encompass a range of strategies aimed at empowering tribal women farmers:

Training on Safe Agricultural Practices: Programs are being implemented to provide comprehensive training to tribal women farmers. These initiatives educate them on using modern and safe farming techniques, proper handling of machinery, and judicious use of agricultural inputs like pesticides and fertilizers.

Promoting the Use of Protective Equipment: To minimize occupational hazards, there is an emphasis on promoting the use of protective equipment among tribal women engaged in agriculture. Access to appropriate gear, such as gloves, masks, and safety goggles, helps safeguard their health during farming operations.

Raising Awareness about Occupational Hazards: Awareness campaigns are being conducted to educate tribal women about the potential hazards they might encounter while working in agriculture. By understanding these risks, they can take preventive measures and protect themselves better.

Advocating for Better Regulations: Various organizations and NGOs are advocating for better policies and regulations concerning agricultural safety. By engaging with

policymakers, they seek to enforce stricter safety standards and ensure the implementation of existing guidelines.

Creating Opportunities for Skill Development: Skill development programs are being initiated to equip tribal women with additional skills and knowledge beyond traditional farming. These initiatives open up avenues for them to explore diversified income sources and alternative livelihood options.

Promoting Entrepreneurship: Efforts are made to encourage tribal women to take up entrepreneurial ventures in agriculture. This can involve setting up small agribusinesses, value-addition to their produce, or participating in farmers' cooperatives to collectively enhance their market access and bargaining power.

Financial Support and Access to Resources: Providing financial support and improving access to resources, such as agricultural credit and modern farming technologies, can significantly empower tribal women farmers and enhance their productivity.

Social Support Networks: Establishing social support networks within the community can create a sense of solidarity among tribal women farmers. This can provide a platform for sharing experiences, knowledge, and challenges, fostering collective problem-solving.

Promoting Sustainable Agriculture: Encouraging sustainable agricultural practices helps protect the environment and fosters long-term agricultural resilience. Such practices can reduce health risks associated with chemical usage and contribute to more stable and sustainable livelihoods.

Through these multifaceted initiatives, stakeholders aim to uplift tribal women in agriculture by providing them with the necessary tools, knowledge, and support. By bolstering their safety and well-being, these efforts contribute to the overall socio-economic development of rural communities and ensure a more sustainable agricultural future.

As we know agriculture plays a vital role in Indian economy. Most of the people's source of Income is agriculture. In India there are 54.60% of people who are engrossed with agriculture, (source: Agriculture census conducted by GOI 2015-2016).

According to the 10th Agricultural census conducted by Ministry of Agriculture & Farmer's welfare (2015-2016), GOI

The total no. of operational holdings in the country has increased from 138.35 million to 146.45 million, showing an increase of 5.86% from previous census.

It also showed a decline of 1.53% of total operated area to 157.14 million hectare as compared to 159.59 million ha in 2010-2011 data.

In terms of operated area women participation increased from previous 10.36% to 11.57%.

The percentage of female operational land holders increased from 12.79% to 13.96% in 2015-2016 census.

The small and marginal holdings taken together constituted 86.08% of the total holdings in 2015-2016 against 85.01% in 2010-2011.

West Bengal is mainly an agrarian state, occupying just 2.7% of India's land but supporting nearly 8% of its population. It has around 71.23 lakh farm families, with 96% being small and marginal farmers. The gender ratio of farmers in West Bengal is 73.6% male and 26.4% female. In Birbhum district there are 260955 cultivators, among them there are 263639 small and marginal farmers.

According to a study titled "Gender participation in Indian Agriculture: An ergonomic evaluation of occupational hazards of farm and allied activities" (IJAEB, 2013, 157-168), 75% of females in India are affected by occupational hazards in agriculture.

Farm mechanization refers to the adoption and use of various mechanical tools, equipment, and technologies in agricultural practices to enhance productivity, efficiency, and reduce manual labor. It involves replacing or complementing human labor with machines and advanced technologies to perform tasks such as ploughing, planting, harvesting, irrigation, and post-harvest activities.

Farm mechanization offers several benefits to farmers and the agricultural sector as a whole:

Increased Productivity: Mechanized tools and equipment can perform tasks at a faster rate and with greater precision than manual labor, leading to increased agricultural productivity.

Time and Labor Savings: By automating repetitive and labor-intensive tasks, farm

mechanization reduces the need for human labor, saving time and resources.

Improved Efficiency: Mechanization enables farmers to carry out farming operations in a timely manner, ensuring timely sowing and harvesting, which is crucial for maximizing crop yields.

Conservation of Natural Resources: Advanced technologies, such as precision farming and drip irrigation, promote more efficient use of water, fertilizers, and pesticides, leading to better resource management and reduced environmental impact.

Enhanced Crop Quality: Mechanization can contribute to improved crop quality as it allows for better control over planting depth, spacing, and harvesting techniques.

Reduced Drudgery: By reducing the need for manual labor in physically demanding tasks, farm mechanization can alleviate the physical strain and drudgery experienced by farmers and agricultural workers.

Capacity Building: Training and skill development associated with the use of mechanized tools can enhance the technical capabilities of farmers and make them more receptive to modern agricultural practices.

However, it is essential to implement farm mechanization in a sustainable manner, taking into account factors like the scale of farming, environmental considerations, and the needs of small and marginal farmers. Access to appropriate machinery, financing options, and technical support are crucial to ensure the successful adoption of mechanization practices across different regions and farmer communities.

Farm mechanization can significantly contribute to the transformation of traditional agriculture into a more efficient, productive, and sustainable enterprise, helping to address the challenges of food security and rural development in many countries.

Modernization of agriculture refers to the process of adopting advanced technologies, practices, and management systems in the agricultural sector to enhance productivity, efficiency, and sustainability. It involves the integration of cutting-edge technologies, scientific knowledge, and innovative approaches to transform traditional agricultural methods into more sophisticated and effective practices.

Key aspects of modernizing agriculture include:

Technological Advancements: Adoption of modern technologies such as precision agriculture, remote sensing, drones, biotechnology, and smart irrigation systems to optimize resource use and improve overall farm management.

Mechanization: Introduction of agricultural machinery and equipment to replace or supplement manual labor, thereby increasing productivity and reducing dependency on human effort.

Improved Seeds and Genetics: Utilization of high-yielding and genetically modified seeds that offer resistance to pests, diseases, and environmental stresses, resulting in better crop yields and quality.

Crop Protection and Management: Implementation of integrated pest management (IPM) practices, use of biopesticides, and the application of environment-friendly techniques to protect crops and minimize chemical inputs.

Irrigation and Water Management: Adoption of efficient irrigation methods like drip and sprinkler irrigation to conserve water resources and enhance crop water-use efficiency.

Soil Health and Fertility Management: Focus on soil testing, balanced nutrient application, and organic farming practices to maintain soil fertility and long-term sustainability.

Market Linkages and Agribusiness: Integration of farmers into organized markets, establishment of value chains, and promotion of agribusiness opportunities to increase income and market access for farmers.

Access to Information and Extension Services: Utilization of digital technologies and extension services to disseminate knowledge, weather information, and best agricultural practices to farmers.

Sustainable Practices: Emphasis on environmentally friendly and sustainable agricultural practices to minimize the ecological footprint of farming activities.

The modernization of agriculture is crucial to meet the increasing demands for food, feed, fiber, and fuel due to global population growth. It can also help address challenges posed by climate change, resource constraints,

and rural development. However, it is essential to ensure that the benefits of modernization reach all farmers, including smallholders and marginalized communities, and that environmental and social sustainability remain at the forefront of agricultural development.

Modernization of agriculture has led to the development of various tools and technologies that are easy to use and beneficial for small and marginal farmers. These tools aim to improve productivity, reduce labor, and enhance overall farm management. Here are some examples:

Mini Tractors and Power Tillers: Compact and lightweight tractors or power tillers are suitable for small landholdings. They are easy to operate and can perform tasks like plowing, tilling, and transporting goods efficiently.

Seed Drills: Seed drills enable precise and uniform sowing of seeds, saving time and ensuring optimal plant spacing. They are especially beneficial for small-scale farmers to achieve better crop yields.

Sprayers and Dusters: Manual or handheld sprayers and dusters are user-friendly tools that allow farmers to apply pesticides and fertilizers accurately, reducing wastage and exposure to harmful chemicals.

Drip Irrigation Systems: Drip irrigation is a water-efficient system that delivers water directly to the roots of plants. It is easy to install and helps conserve water while improving crop water-use efficiency.

Mobile Apps and Digital Platforms: Mobile applications and digital platforms provide access to essential agricultural information, weather forecasts, market prices, and best practices, empowering small farmers with valuable knowledge.

Solar-Powered Devices: Solar-powered water pumps and solar dryers offer sustainable solutions for irrigation and post-harvest processing, particularly in areas with limited access to electricity.

Multipurpose Threshers: Multipurpose threshers can efficiently thresh various crops like wheat, rice, and pulses, saving time and effort for farmers during the harvest season.

Zero-Tillage Seed Planters: Zero-tillage seed planters allow direct sowing of seeds into unploughed fields, conserving soil moisture and reducing soil erosion.

Biopesticides and Organic Inputs: Environment-friendly biopesticides and organic inputs are easy to use and promote eco-friendly pest and disease management while maintaining soil health.

Weather-Resistant Storage Facilities: Weather-resistant storage facilities, such as metal silos or hermetic bags, help small farmers protect their produce from pests and moisture, extending shelf life and reducing post-harvest losses.

These tools and technologies not only simplify agricultural practices but also enhance the resilience and income potential of small and marginal farmers. By providing access to these user-friendly innovations, the modernization of agriculture can contribute to the overall development and well-being of smallholder farming communities.

Farm mechanization can significantly reduce occupational hazards in agriculture by minimizing the need for manual labor and providing a safer working environment for farmers and agricultural workers. Here are some ways in which farm mechanization can help mitigate occupational hazards:

Reduction of Manual Labor: Mechanized tools and equipment, such as tractors, power tillers, and harvesters, reduce the need for strenuous manual labor in tasks like plowing, tilling, and harvesting. This minimizes physical strain and the risk of musculoskeletal injuries among farmers.

Automated Planting and Sowing: Mechanized seed drills and planters enable accurate and uniform planting or sowing of crops. This eliminates the need for bending and stooping, reducing the risk of back injuries for farmers.

Safe Handling of Chemicals: Mechanized sprayers and dusters allow farmers to apply pesticides and fertilizers without direct contact, reducing exposure to harmful chemicals and minimizing the risk of chemical-related health issues.

Efficient Irrigation Systems: Automated irrigation systems, such as drip irrigation and sprinklers, ensure precise water application and reduce the need for manual watering. This not only saves water but also minimizes the risk of slips and falls on wet fields.

Post-Harvest Mechanization: Modern post-harvest equipment, like threshers and grain dryers, enable faster and safer processing of crops. This reduces the manual handling of heavy crops and lowers the risk of accidents during post-harvest activities.

Safer Harvesting Methods: Mechanized combine harvesters and reapers can efficiently harvest crops, reducing the need for manual labor in labour-intensive harvesting tasks. This decreases the risk of injuries associated with manual harvesting.

Use of Safety Features: Modern agricultural machinery is often equipped with safety features like roll bars, seat belts, and safety shields. These features protect operators from potential accidents and injuries.

Training and Awareness: Mechanization initiatives usually include training programs to educate farmers and workers on the safe operation and maintenance of machinery. This enhances their understanding of safety protocols and risk management.

Weather Monitoring: Advanced mechanized weather monitoring systems can provide real-time weather data, allowing farmers to plan their activities accordingly and avoid hazards associated with extreme weather conditions.

It is essential to note that while farm mechanization can significantly reduce occupational hazards, proper training, regular maintenance of equipment, and adherence to safety guidelines are crucial for ensuring the safe and efficient use of mechanized tools. Additionally, affordable access to mechanization technologies for small and marginal farmers is vital to ensure that all farming communities benefit from these safety-enhancing advancements.

CONCLUSION

In conclusion, the interplay between occupational hazards and the modernization of agriculture is a critical aspect of agricultural development and rural welfare. The modernization of agriculture, through the adoption of advanced technologies, mechanization, and innovative practices, has the potential to revolutionize traditional farming methods, leading to increased productivity, efficiency, and sustainability. This transformation offers numerous benefits, including improved crop yields, reduced

labor requirements, and enhanced resource management. One of the most significant advantages of modernization is its potential to mitigate occupational hazards in agriculture. Mechanized tools and equipment are designed to replace or complement manual labor, thereby reducing the physical strain on farmers and agricultural workers. Tasks that were once labour-intensive and hazardous, such as ploughing, planting, and harvesting, can now be performed more efficiently and safely by machines, decreasing the risk of injuries and health issues associated with repetitive and strenuous manual work. Moreover, the use of modern technologies, such as precision farming and remote sensing, empowers farmers with real-time data and information, enabling them to make informed decisions and plan their activities accordingly. This not only enhances productivity but also minimizes exposure to weather-related hazards, such as extreme temperatures, heavy rains, or droughts.

The adoption of mechanization and modern agricultural practices is especially beneficial for small and marginal farmers, who constitute a significant proportion of the farming community. By reducing the need for manual labor and improving efficiency, modernization can uplift the socio-economic status of these farmers, empowering them with higher income potential and access to better opportunities.

However, while the modernization of agriculture offers numerous advantages, it also comes with challenges that need to be addressed. The initial cost of acquiring modern machinery and technologies can be a barrier for small farmers, limiting their access to these advancements. Additionally, adequate training and technical support are essential to ensure the safe and effective use of modern equipment.

Sustainable modernization strategies should be inclusive and considerate of the unique needs and capacities of different farming communities. Policy frameworks that promote the dissemination of modern technologies, provide financial support, and encourage knowledge sharing among farmers are crucial for ensuring equitable access to modernization benefits.

In conclusion, the modernization of agriculture is a transformative force that has the potential to revolutionize the farming sector while addressing occupational

hazards and improving the overall well-being of farmers. By embracing innovative technologies and sustainable practices, we can pave the way for a safer, more productive, and resilient agricultural sector that contributes significantly to global food security and rural development.

REFERENCES

1. Gulitat K, Tirumeh G. Assessment of knowledge, attitude and practices of healthcare workers on infection prevention in health institution. *JPH* 2014;2014:384-93.
2. Mossbug S, Agore A, Nkimbeny M, Commodore-Mensah Y. Occupational hazards among healthcare workers in Africa: A systematic review. *Ann Global Health* 2019; 85:78.
3. Murty S. Socio-Economic Participation of Women in Informal Sector. Jaipur: RBSA Publishers; 2008. [Google Scholar]
4. Occupational Health, National Institute of Occupational Health. [Last accessed on 2018 Jul 08]. Available from :<http://www.nioh.org/>
5. Assessment of acetylcholinesterase and butyrylcholinesterase activities in blood plasma of agricultural workers. [*Indian J Occup Environ Med*,2012 Sep-Dec ; 127-130] [Google scholar].
6. Gulitat K, Tirumeh G. Assessment of knowledge, attitude and practices of healthcare workers on infection prevention in health institution. *JPH* 2014; 2014:384-93.
7. Mossbug S, Agore A, Nkimbeny M, Commodore-Mensah Y. Occupational hazards among healthcare workers in Africa: A systematic review. *Ann Global Health* 2019; 85:78.
8. Murty S. Socio-Economic Participation of Women in Informal Sector. Jaipur: RBSA Publishers; 2008. [Google Scholar]
9. Occupational Health, National Institute of Occupational Health. [Last accessed on 2018 Jul 08]. Available from :<http://www.nioh.org/>
10. Assessment of acetylcholinesterase and butyrylcholinesterase activities in blood plasma of agricultural workers. [*Indian J Occup Environ Med*,2012 Sep-Dec ; 127-130] [Google scholar].
11. Economics analysis of farm level agricultural risks in coastal region in West Bengal. [*Journal of soil salinity and water quality* 11(2), 269-279, 2019]
12. www.ijaas.org.in [Reference Research Journal], Vol-4, No 2,2018.
13. Primary prevention of ocular injury in agricultural workers with safety eyewear. [*Indian journal of Ophthalmology*, 2017 Sep; 65(9) :859-864]
14. Comparative Studies of Boerhaavia Diffusa L. and Boerhaavia Verticillata Poir. (Nyctaginaceae) [*Ancient Science of Life*, Vol. No XIX (3&4) January, February, March, April 2000, pages 105-109]
15. The Tribal Hospital: An interview with Dr.Regis George of the tribal health initiative. [www.cmijournal.org, on Thursday May 11, 2023]
16. Gender participation in Indian agriculture: An ergonomic evaluation of occupational hazards of farm and Allied activities. [*International journal of Agriculture, Environment and Biotechnology*. 2003, vol 6, 157-168]
17. Health risks of employees working in pesticide retail shop: An exploratory study. [2009, Vol 13, issue 3, 121-126]
18. Agricultural work related injuries among the farmers of West Bengal, India. [*International Journal of Injury Control and Safety Promotion*. 2014, 21:3, 205-215]
19. Carlson, K. F., Gerberich, S. G., Church, T. R., Ryan, A. D., Alexander, B. H., Mongin, S. J., Masten, A. (2005). Tractor-related injuries: A population-based study of a five-state region in the Midwest. *American Journal of Industrial Medicine*, 47, 254-264.
20. Singh, R., Sharma, A. K., Jain, S., Sharma, S. C., & Magu, N. K. (2005). Wheat thresher agricultural injuries: A by-product of mechanised farming. *Asia-Pacific Journal of Public Health*, 17, 36-39.
21. Katsuyama, H., Tsuchiya, G., Sunami, S., & Saijoh, K. (1999). Trends in absenteeism due to sickness and injury between 1986 and 1995 at a shipbuilding company. *Journal of Occupational Health*, 41, 271-278.
22. Mohan, D., & Patel, R. (1992). Design of safer agricultural equipment: Application of ergonomics and epidemiology. *International Journal of Industrial Ergonomics*, 10, 301-309.
23. Tiwari, P. S., Gite, L. P., Dubey, A. K., & Kot, L. S. (2002). Agricultural injuries in central India: Nature, magnitude, and economic impact. *Journal of Agricultural Safety and Health*, 8, 95-111.
24. Nevala-Puranen, N., & Sorensen, L. (1997). Physical strain and work ergonomics in

- farmers with disabilities. *International Journal of Occupational Safety & Ergonomics*, 3, 77-88.
25. Nag, P. K., & Nag, A. (2004). Drudgery, accidents and injuries in Indian agriculture. *Industrial Health*, 42, 149-162.
 26. Kumar, A., Mohan, D., & Mahajan, P. (1998). Studies on tractor related injuries in northern India. *Accident Analysis & Prevention*, 30, 53-60.
 27. Rautiainen, R. H., & Reynolds, S. J. (2002). Mortality and morbidity in agriculture in the United States. *Journal of Agricultural Safety Health*, 8, 259-276.
 28. Census of India. (2001). Series I, Paper-2, 2001, Regional General and Census Commissioner, India.
 29. Das, B., & Gangopadhyay, S. (2011). An ergonomics evaluation of posture related discomfort and occupational health problem among rice farmers. *Occupational Ergonomics*, 10, 25-38.
 30. di Lorenzo, L., Zocchetti, C., Platania, A., de Francesco, G., deMetrio, R., Pirris, A., & Gigante, M. R. (1998). Minor and major work accidents in a Puglia business in the food sector: A 10-year study. *La Medicina del lavoro*, 89, 499-513.
 31. Dimich-Ward, H., Guernsey, J. R., Pickett, W., Rennie, D., Hartling, L., & Brison, R J. (2004). Gender differences in the occurrence of farm related injuries. *Occupational Environmental Medicine*, 61, 52-56.
 32. Franklin, R. C., Mitchell, R. J., Driscoll, T. R., & Fragar, L. J. (2001). Agricultural work-related fatalities in Australia, 1989-1992. *Journal of Agricultural Safety Health*, 7, 213-227.
 33. Arsenic contamination in agricultural soils of Bengal deltaic region of West Bengal and its higher assimilation in monsoon rice. [Journal of Hazardous Material, 2016]
 34. M.A. Ali, et al., Fate of arsenic extracted with groundwater. In *Fate of Arsenic in the Environment*. M.F. Ahmed, ITN International Training Network: Dhaka (2003).
 35. Environmental Protection Agency. <http://www.epa.gov/safewater/arsenic/index.html>. (2013).
 36. Kroemer KHE, Grandenjen E. *Fitting the Task to the Human: A Text Book of Occupational Ergonomics*. London, UK: Taylor & Francis; 2000.
 37. Debray P, Chattopadhyay S, Maity P, Ghosh C. Peak expiratory flow rate and cardio respiratory fitness of Bengali workers exposed to dust and plant source particulate matters. *Indian J Community Med*. 2002; 27:171-176.
 38. Gangopadhyay S, Das B, Das T, Ghoshal G. An ergonomic study on posture related discomfort feeling among the pre-adolescent agricultural workers of West Bengal, India. *Int J Occup Saf Ergon*. 2005; 11:315-322.
 39. Kumar S. Theories of musculoskeletal injury causation. *Ergonomics*. 2001; 44:17-47.
 40. McGill SM, Norman RW. Dynamically and statistically determined low back moments during lifting. *J Biomech*. 1985; 18:877-888.