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## Contents

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### *Original articles*

- 'Body Donation Awareness' - The only solution for the Scarcity of Cadavers  
in Medical Education in India** 201

D.K. Sharma, Mrithunjay Rathore, A.U. Siddiqui

- Undergraduate Modified Teaching : Feedback** 207

Col Sushil Kumar, R.K. Zargar, Dope Santoshkumar A.

- A Study Of Morphology And Relations Of Iliocava Junction To Aortic  
Bifurcation And Lumbosacral Vertebrae** 213

Kulkarni Saurabh P., M. Natarajan

- Anthropometric Data of Hand and middle finger length in both sexes of  
College students and its correlations with stature.** 219

G.A. Shroff, Mandhana V.S., Mois Khawja

### *Review articles*

- The Bivalve Nervous System And Its Relevance For The Physiology Of  
Reproduction** 227

Sukanlaya Tantiwisawaruji , Eduardo Rocha , Uthaiwan Kovitvadhi , Maria J. Rocha,

- Guidelines for Authors** 243

- Subject Index** 247

- Author Index** 249

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## 'Body Donation Awareness' - The only solution for the Scarcity of Cadavers in Medical Education in India

D.K. Sharma\*, Mrithunjay Rathore\*\*, A.U. Siddiqui\*\*\*

### Abstract

'Body donation' is the donation of the whole body after death for medical research and education. Medical institutes use cadavers to teach anatomy by corpse dissection but cadavers are now a scarcity with mushrooming of medical institutions in our country and it is also not deniable that opening new medical institutes is must to balance the doctor-population ratio. Presently it is a daunting task to make students well-versed with the anatomy due to lack of cadavers and so the students are being taught by software, charts and models. Under Anatomy Act of India, the unclaimed bodies have limitations and mostly they are not useful; and the practice of burial or cremation of corpse is a trend in India. So the only source of cadavers is the donated bodies but there is paucity of awareness regarding the gracious and ideal act of body donation. Present work simply tried to assess the views, thoughts and awareness of the public of various field about the concept of body donation by a questionnaire; analysed and concluded with the ideas that (i) the books and computer cannot replicate the hands on method of teaching human anatomy and replace the human body dissection (ii) availability of cadavers is must for delivering excellence in teaching anatomy and conducting researches in the field of medical science (iii) 'Body Donation Awareness' by public campaigns, exhibitions etc. in large scale is the uttermost necessity for lacking cadavers and so the encouraging & motivating body donation by bringing 'body donation awareness' is the only solution for the scarcity of cadavers in Medical Education in India and (iv) in the spring of each year, the Institute should organize a memorial service to honor their donors from the previous year. Family members and friends of the donor should be invited.

**Keywords:** Body donation, Dissection, Anatomy Act, Campaign, Replicate

### Introduction

Even in death do we serve life' Inscription on a communal grave is dedicated to body donors. Body donation is useful for medical education in understanding the human body and for advancing researches in medical science. Medical institutes use

embalmed bodies to teach anatomy to medical students by cadaveric dissection and the Anatomy is a branch of science which deals with the macroscopic and microscopic structures of the body. Human cadavers for the purpose of study are a scarcity with mushrooming of medical institutions in this country. Presently, it has become a daunting task for the medical institutes to make their students well-versed with the anatomy subjects and the reason is lack of donated bodies and cadavers and students are being taught on specially designed software and artificially prepared models. On one side the unclaimed bodies obtained from the police have some limitation and restriction and mostly they are not useful and on the other side the practice of burial or cremation of dead bodies as religious tradition in India and the lack of awareness regarding the gracious and ideal act of body donation.

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## Material and Methods

We underwent an analysis by a questionnaire (Figure 1) designed to assess views and thoughts regarding body donation among the population of Raipur City including the lawyers, engineers, teachers, farmers and others. In total 2500 people of age group 18-65 years, age, sex, religion, awareness about body donation & its significance, their positive and negative attitudes towards body donation and its religious aspect, willingness to donate body, other concepts and suggestion were recorded. To bring awareness among people about the gracious act of 'body donation' we organized a symposium and an exhibition (Figure 2). General public from all fields, Police department and News-media were invited. The results of the questionnaire were analyzed and presented.

## Results

After analysis of questionnaire among 2500 people we found that 18% people were unaware about the body donation and its significance. They did also not know that cadavers or donated bodies are used for the medical education and research. 82% people knew about body donation and 56% person did not believe in body donation and most of them have reason behind it their religious tradition. 22% thought that donated bodies are misused and teaching Anatomy and research in medical science can be done without cadavers. 15% expressed that they can think about 'Body Donation' in future and 52% said that medical professionals should explain, aware and educate the general public about the importance of this gracious and ideal act of 'Body Donation'. Only 4% showed their willingness for body donation and 2% had already registered their names for body donation. Majority had opinion that body donation is a noble act. Some put suggestions like in the spring of each year, the Institute should organize a memorial service to honor their donors from the previous year and invite family members and friends of the donor. After this symposium, exhibition and questionnaire assessment, in next 3 months more than 80 people have pledged for body donation and we have received 4 death bodies on donation.

## Discussion

We all are aware that for the last few years the human cadavers for the purpose of study are a

scarcity with mushrooming of medical institutions in this country. We know that opening new medical institutes is also must to balance the doctor population ratio. Medical ethics says during study a single body has to be shared among 10 students only but in present situation in most of the institutions there are 1 body for 25 students. Even only 1 body for the whole batch of 100 or 150 students are also not uncommon. Our Institute All India Institute of Medical Sciences Raipur is also facing this problem of scarcity of cadavers and last year we completed our dissection with only 2 cadavers for 50 students and this year also we have started dissection with only 2 cadavers for 100 students.

In India there are two sources to get cadavers in the medical institutes (i) unclaimed bodies by the police and (ii) body donation. There are 4 main reasons for the scarcity of cadavers (i) the unclaimed bodies provided by the police having some restriction & limitation and mostly they are not useful (ii) religious traditions of burial and cremation of dead bodies (iii) lack of awareness of body donation and (iv) increasing number of medical institutes. We experienced 2 things (i) the unclaimed bodies are mainly supplied to Govt. Medical Colleges by the police and (ii) there is a general unawareness and misconception among the people about the gracious, ideal and moral act of body donation.

Actually Police has to distribute the unclaimed bodies on priority based on request and requirement of bodies by institutes both government and non-government according to Anatomical Act. The 'Body Donation Awareness' is limited to some extent so bringing awareness for body donation in large scale amongst people is still uttermost necessity. Although some NGOs (Yug Dadhichi in Uttar Pradesh, Badhte Kadam and Manawta in Chhattisgarh and Mohan Foundation in AP etc.) have realised and come front to make solution but the awareness of voluntary body donation in large scale among people can only be brought and possible by medical professionals and media by different means like public campaigns, exhibitions etc.

In India, the Anatomy Act came into enactment in the year 1949 which has been adopted by all the states. It provides for the collection of dead bodies for teaching purpose, only if death occurs in state hospital or in a public place within the prescribed zone of medical institutions, provided the police have declared a lapse of 48 hours that there are no claimants for the body and it could be used for the medical purpose. Notably, the Anatomy Act enacted by various states provides for the supply of unclaimed bodies to medical and teaching institutions for the

purpose of anatomical examination & dissection, researches and other similar purposes.

The other countries have differing regulations surrounding the donation of the body or body parts. Body donation in the UK is governed by the Human Tissue Authority (HTA) under the auspices of the Human Tissue Act 2004. Under the Human Tissue Act, written consent must be given prior to death; consent cannot be given by anyone else after death. Only the legal next-of-kin of the deceased can provide the necessary consent for donation if the donor did not provide it to the specific accepting program prior to death. The American Association of Tissue Banks (AATB) and American Medical Education and Research Association (AMERA) provide accreditation to the whole body donor organizations and university anatomical programs etc.

Body donation is a gracious and ideal act and it has been practicing since ancient time for the welfare of mankind and country. Shankaracharyas the Hindu Saints firmly believe in the concept of 'body and organ donation' and say 'Idam sharirum paropkarum' i.e. the body is for the use of others and the death is not the end, it is the beginning. Maharshi Dadhichi or Dadhinchha is an important character in Hindu mythology, revered amongst the greatest of sages and portrayed as an example that no sacrifice is too great when the result is good and beneficial for the world. His bones are used as a symbol on India's highest award for gallantry "Param Vir Chakra" as "Vajra". He is credited with giving up his life in order to allow the Devtas or Suras to use his bones to make weapons to defeat the Danvas or Asuras.

In India the trend of donating body became quite prevalent in the year 2005 in Agra city by an NGO with the start of 'Yug Dadhichi Program' where more than 500 people have registered themselves for donating their bodies. This organisation in Taj city is still active and last year on 12th May 2012 a Campaign for body donation was done to promote the donation of human bodies for educational research. In case of body donation program the relatives of the deceased donate body to the medical institute according to the dead person wishes. Nobody was forced to donate body. It was left to one's own decision which is voluntary. However, there is no age barrier for body donation but people above the age of 18 can enroll themselves. Any person wishing to donate their body may require but not always making prior arrangements with the institute or body donation program before death. Individuals may request a consent form and will be supplied information about policies and procedures that will take place after the potential donor is deceased.

On the eve of 'Organ Donation Day' 2011 in India, Dadhichi Mission in association with R. D. Gardi Medical College organized an event on November 28th at Ujjain to spread awareness of organ donation among the people of India. The event marked the first-time celebration of 'Organ Donation Day' in Central India. Eight members of a Bhatia family, all senior citizens, honored after pledging to donate their bodies for medical education and research at Government Medical College and Hospital, in Chandigarh. Freedom fighter Captain Lakshmi Sahgal's body was taken to the GSVM medical college in Kanpur for research who passed away at the age of 97. Her daughter said, "As per her last wish, we have donated her eyes and her body for medical research and handed over to the Ganesh Shankar Vidyarthi Memorial Medical College". Sons donated their Father Late Sangram Singh Hiran's Corpse to fulfill his will on January 22, 2013 to Medical College. Actor Parthiban Appreciated 'Voluntary Body Donation Program' in January 9, 2011 in Chennai by Mr. S. Ashok Kumar and Mrs. Chitra Ashok Kumar, Who are giving their service in creating awareness in voluntary body donation. They have jointly enrolled 150 persons for whole body donation after their demises in Anatomy Department, Government Hospital in last 2 years. They both are 1st and 2nd receivers of Identity card for this program respectively. Earlier body donation for medical science was a trickle but after communist leader Jyoti Basu's and Jana Sangh leader Nanaji Deshmukh bodies were donated to medical science, that trickle has turned into something of a tidal wave.

The decision to become a body donor is influenced by factors such as social awareness, cultural attitudes & perceptions of body donation, cultural attitudes and perceptions of death, religion, and perceptions of the body-mind relationship[1]. Studies indicate most donors are primarily driven by altruism and their desire to aid the advancement of medical knowledge and to be useful after death. Other reasons include helping future generations, expressing gratitude for life and good health or for the medical field, to avoid a funeral or to avoid waste[2]. The offering of financial incentives as a way to increase donor numbers or as an acknowledgement for donors is generally considered to detract from the act of donation and serve as a deterrent[3]. However, a US study showing a positive correlation between body donation numbers and funeral cover cost savings offered as compensation suggests that, in reality, the added incentive could be a persuasive factor for donors[4].

Anatomy teaching is undergoing major changes due to time constraints, scarcity of cadavers, rapid

advances in information technology and changes in the demands of the medical profession. In this changing scenario of medical education a continuous debate is on among the educators regarding usefulness and effectiveness of the conventional and newer teaching/learning methodologies. Analysis of literature available recommends that the superiority should not be to determine superiority of one methodology over another but to capitalise on the learning benefits offered by the different methods. The learner should be provided opportunity to use multiple resources[5].

Though in the era of this advanced technology and time of computer, LCD and availability of large number of books and teaching aids the teaching pattern has changed but the books and computer can't replicate the hands on method of teaching human anatomy and replace body dissection in anatomy. So availability of cadavers is must for delivering excellence in teaching and research in field of medicine. The medical professionals and media can play important role by public campaigns, exhibitions etc. Encouraging/motivating body donation and bringing awareness in people about it seem to be the only solution to fulfill scarcity of cadavers.

**Fig 1: Showing the Questionnaire to assess views about Body Donation**

**Questionnaire to assess views about 'Body Donation'**

	Age:	
	Sex:	
	Religion:	
	Profession:	
	Have you heard about 'Body Donation'?	Yes/No
	I know that "Body Donation is defined as the act of giving one's body after death for the medical research and education"	Yes/No
	Have you heard about <b>Rishi Dadhichi</b> an important character in Hindu mythology, who is credited with giving up his life in order to allow the Devtas or Suras to use his bones to make weapons to defeat the Danvas or Asuras?	Yes/No
	Do you know the significance of 'Body donation'?	Yes/No
	Do you know the donated body is used for the medical education?	Yes/No
	Do you know the donated body can be used for the research and other purposes?	Yes/No
	Do you believe in 'Body Donation'?	Yes/No
	I do not believe in 'Body Donation' due to my religious tradition.	Yes/No
	I believe that donated bodies are misused.	Yes/No
	I will bring awareness about 'Body Donation' among people.	Yes/No
	I can think about 'Body Donation' for myself in future.	Yes/No
	I am willing for 'Body Donation'.	Yes/No
	Medical professionals should explain, aware and educate the general public about the importance of this gracious act of 'Body Donation'.	Yes/No
	Teaching Anatomy and research in medical science can be done without cadavers.	Yes/No
	Personal comments on the subject:	

Anatomical donations are regarded as unselfish gifts to medical education and research. Donors and their families can be assured their contribution is appreciated and treated with the utmost respect. **It is strongly recommended that donor should discuss this decision with his/her family to better assist them with arrangements at the time of death.** Time is a factor and next of kin must be in a position to act immediately following death. It is also wise to inform physician, lawyer, and funeral director of your wishes. **At The Time of Death**, the Division of Anatomy should be contacted immediately. Although each **preregistered** donor is normally accepted, restrictions may include:

- Contagious disease (HIV, Hepatitis, TB, Creutzfeldt-Jakob disease, any hospital acquired disease including MRSA and Clostridium difficile, etc.)
- Extreme emaciation, obesity, or body contractures
- Severe trauma or open wounds (including certain recent surgeries)
- Ascites, edema, or septicemia
- Organs or parts removed at time of death, except eyes
- Current education or research programs are not in need of donors

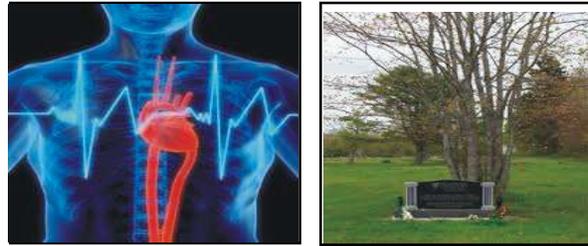
In the spring of each year, students of Institute should organize a memorial service to honor their donors from the previous year. Family members and friends of the donor should be invited.

**Fig 2: Showing the Banners and Posters displayed by the Department**

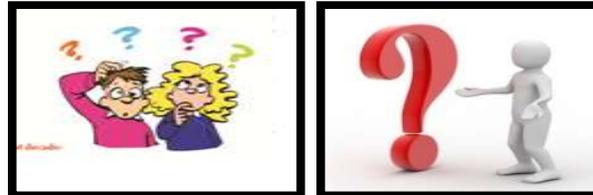
**BODY DONATION AWARENESS**



**Why cremation or burial after death when we can donate or gift it in allegiance to God, Country and Medical Science?**



**Donating your body after death to the Science or a Body farm?**



**Donating your eyes after death, then why not whole body?**



**Shri Shankaracharya believed in the concept of 'body donation' and said 'Idam sharirum paropkarum' i.e. the body is for the use of others and the death is not an end, it is the beginning.**

**Appeal by the Department of Anatomy, All India Institute of Medical Sciences (AIIMS), Raipur, C.G. India**

Cadaveric dissection is the integral part of the anatomy curriculum of Medical Science and there is a strong need to popularize the message to common masses to donate their bodies after death for the teaching and research purposes. A person in his life can express his will for body donation in writing (Will form can be obtained from the Department of Anatomy) and can convince his next kith and kin about his / her pledging. The donor will be provided a 'Certificate of Honour' by the Institute. The dead body along with the death certificate should be transported within 6 hrs to the Department of Anatomy AIIMS Raipur. In case of delay in transporting, the body should be kept in mortuary or on ice slabs and if needed the Department of Anatomy AIIMS Raipur can provide a vehicle to transport the body within Chhattisgarh state.

## Conclusion

Present work simply tried to assess the views, thoughts and awareness of the public of various field about the concept of body donation by a questionnaire; analysed and concluded with the ideas that (i) the books and computer cannot replicate the hands on method of teaching human anatomy and replace the human body dissection (ii) availability of cadavers is must for delivering excellence in teaching anatomy and conducting researches in the field of medical science (iii) 'Body Donation Awareness' by public campaigns, exhibitions etc. in large scale is the uttermost necessity for lacking cadavers and so the encouraging & motivating body donation by bringing 'body donation awareness' is the only solution for the scarcity of cadavers in Medical Education in India and (iv) in the spring of each year, the Institute should organize a memorial service to honor their donors from the previous year. Family members and friends of the donor should be invited.

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## Undergraduate Modified Teaching : Feedback

Col Sushil Kumar\*, R.K. Zargar\*\*, Dope Santoshkumar A.\*\*\*

### Abstract

The MCI issued the directives in 1997 resulting in compression of 1st MBBS curriculum into 1 year. It took both the teachers and students by surprise. The conscientious faculty felt committed to the cause of the students that demanded intense and speedy action. We deliberated to devise methods for improvement. Meetings were organised with representatives from each dissection table once a fortnight. The outcome of the interactions motivated us to modify the teaching methodology to meet the requirements. Thereafter, we got the efforts put in by us evaluated by the students. For this a questionnaire was given to the students after passing 1st MBBS examination. Data was compiled for three consecutive years. Students came up with suggestions and were forthright in pointing out the shortcomings of a particular teacher. Their views were taken sportingly and efforts made to improve and comply with some of the worthy suggestions.

Many issues concerning the effectiveness, fairness, and reliability of using student feedback as a method to improve teaching performance have been discussed

**Keywords:** Compression of 1st MBBS Curriculum; Modified teaching technology; Effectiveness of feedback.

### Introduction

The directives issued in late nineties by the MCI to compress 1st MBBS curriculum into 1 year came as a shock. The students were apprehensive and confused over this development. Even the faculty was sceptical and had reservations about the wisdom of this exercise. The conscientious faculty felt committed to the cause of the students that demanded intense and speedy action. Fortunately we had sufficient time to deliberate and devise methods for improvements.

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We started by holding a meeting with students' representatives from each dissection table once a fortnight. The outcome of the interactions motivated us to look into the following aspects of training:

- ▶ Prepare workbooks to facilitate taking down notes
- ▶ Organise revision bay
- ▶ Hold revisions to prevent backlog with students
- ▶ Counselling of slow learners
- ▶ Improving presentation in theory
- ▶ Evaluation of faculty by the students

Thereafter, we got the efforts put in by us evaluated by the students by way of a feedback. Accepting the premise that the major goal of an educational institution is to promote positive changes in students, we must look to students for feedback when we are evaluating our efforts to achieve that goal. Student

evaluation of teachers is probably the most common form of summative teacher evaluation. Students can provide valid evaluative information in four areas (1):

- ▶ Information about teaching methods - they know what works
- ▶ Fairness of the faculty member in the evaluation/teaching process-students talk to each other and have a good sense of fairness
- ▶ Faculty interest in the student
- ▶ Faculty interest in the content of a course or subject-students like enthusiasm

Others have argued that students are not a good source of teacher evaluations, but many of the objections are not supported by published data (2-7).

Summative and perhaps formative evaluation of teachers, teaching methods, or courses should occur at the end of courses when there is little opportunity for students to see or reap benefits from their comments.

To make the evaluation purposeful we devised a questionnaire, which was given to the students after passing 1st MBBS examination. Data was compiled for three consecutive years. Students came up with suggestions and were forthright in pointing out the shortcomings of a particular teacher. Their views have been taken sportingly and efforts made to improve and comply with some of the worthy suggestions.

### Aims and Objectives

- ▶ To get a feedback on the changes brought about in the teaching methodology so that it can be tailor-made to suit the requirement and expectations of the undergraduate medical students.
- ▶ To get the faculty evaluated by the students to iron out their shortcomings.

	1st Batch	2nd Batch	3rd Batch
<b>Overall Lectures:(Good)</b>	65/88 (73.86%)	67/102 (65.68%)	65/92 (70.65%)
<b>Handouts to be given</b>	12/88 (13.63%)	60/91 (65.93%)	49/98 (50.00%)
<b>Seminars for some Lectures</b>	59/88 (67.04%)	56/96 (58.33%)	66/96 (68.75%)

Majority of the students found that the overall lectures were good as shown in table-1. Some of the points highlighted for certain lectures were, being too elaborate, poor diagrams, improper use of audio-

### Material and Methods

A questionnaire was prepared comprising of three sections.

- a) Views and feed-back on teaching and modifications practised throughout the year in:
  - ▶ Lectures
  - ▶ Tutorials
  - ▶ Histology
  - ▶ Dissection
  - ▶ Revision
  - ▶ Counselling
- b) Evaluation of faculty and suggestions on who to teach what
- c) Opinion and suggestions for improving overall standard of the department

This questionnaire was given to the entire batch after passing 1st MBBS. Thus the students could respond without any fear or prejudice of being victimised. The entire batch was made to sit in the lecture hall and respond to the questionnaire independently. Anonymity was maintained to ensure their frank opinions.

The procedure has been carried out for three consecutive years and data analysed.

### Observations

The study subjects gave the feedback by answering the questionnaire. Not all students answered all the questions. In addition to just answering the questions, some students even gave their suggestions.

**Table 1 : Feedback On Lectures**

visual aids. The 2nd batch was not in favour of giving handouts prior to the lectures whereas half the students in 1st and 3rd batches wanted handouts.

**Table 2 : Feedback On Tutorials**

	1st Batch	2nd Batch	3rd Batch
<b>Overall Tutorials:Satisfactory</b>	64/92 (69.56%)	34/109 (31.19%)	58/87 (66.66%)
<b>Question &amp; Answersessions</b>	60/92 (65.21%)	59/103 (57.28%)	69/83 (83.13%)
<b>Osteology Workbooks: Helpful</b>	-	81/94 (86.17%)	63/95 (66.31%)

The overall teaching during tutorials was found satisfactory except for the 2<sup>nd</sup> batch where 31% thought otherwise. Majority were of the opinion

that it should be a question answer session. 86% of 2<sup>nd</sup> batchers and 66% of 3<sup>rd</sup> batchers found the workbook on osteology useful.

**Table 3 : Feedback On Histology**

	1st Batch	2nd Batch	3rd Batch
<b>Overall Teaching:Good</b>	80/86 (93.02%)	77/109 (70.64%)	79/96 (82.29%)
<b>Journal: Useful</b>	85/86 (98.83%)	80/102 (78.43%)	85/97 (87.62%)
<b>Revisions: Useful</b>	84/90 (93.33%)	98/109 (89.90%)	95/96 (98.95%)

Most of them considered the overall teaching of histology to be good. The students found the journal and revisions very handy.

**Table 4 : Feedback On Dissection**

	1st Batch	2nd Batch	3rd Batch
<b>Current procedure:Satisfactory</b>	80/85 (94.11%)	87/108 (80.55%)	82/96 (85.41%)
<b>Followed byProsection</b>	40/86 (46.51%)	46/86 (53.48%)	86/95 (90.52%)
<b>Dissection Manual</b>	-	43/72 (59.72%)	58/99 (58.68%)

The students were satisfied with the current dissection procedure being followed, however, half the '1st' and '2nd' batchers felt it would be better to

have a prosection before hand. 90% of the '3rd' batch students wanted prosection first. Views over the dissection manual were equivocal.

**Table 5 : Feedback On Revision**

	1st Batch	2nd Batch	3rd Batch
<b>Evening revision:Useful</b>	57/105 (54.28%)	52/92 (56.52%)	85/102 (83.33%)
<b>Small group teaching: Useful</b>	62/102 (60.78%)	58/93 (62.36%)	68/102 (66.66%)
<b>Affected othersubjects</b>	10/106 (09.43%)	53/93 (56.98%)	28/105 (26.66%)

Half the students of the '1st' and '2nd' batches found the evening revisions useful whereas 83% of those of '3rd' batch found it worthwhile. A majority accepted that such classes should be conducted in small groups.

9% of students from '1st' batch and 27% of '3rd' batch did not find that revisions affected their study schedule whereas 57% of the '2nd' batch students felt that revisions did affect their study schedule.

**Table 6 : Feedback On Counselling**

	1st Batch	2nd Batch	3rd Batch
<b>Counselling sessions:Useful</b>	86/92 (93.47%)	72/83 (86.74%)	76/102 (74.50%)
<b>Counselling beContinued</b>	82/92 (89.13%)	68/80 (85.00%)	74/101 (73.26%)

Majority found the counselling sessions useful and opined that it should be continued.

junior teachers were also ranked high.

The feedback on the evaluation of the faculty was very illuminating. Besides the senior teachers, some

Some of the impressions and/or feelings about participating in the process were as follows:

- ▶ Very helpful as it creates a better learning environment.
- ▶ Requires that the class perceive the facilitator to be fair.
- ▶ Nice that a professor cares enough about our education to put his head on the block.
- ▶ Specific problems in the course can be addressed.
- ▶ Very helpful, providing the instructor keeps an open mind about the criticisms.
- ▶ Excellent opportunity for changing course when changes can make a difference.
- ▶ A lot easier to remember likes and dislikes when other people bring them up.
- ▶ Good method of providing suggestions for improvements but also giving positive reinforcement.
- ▶ Very impressed that instructor cares enough about our opinion to take a class session to ask.
- ▶ Hope that since the teacher initiated the process, suggestions will be followed or considered.
- ▶ Will greatly help the teacher to efficiently teach the class.
- ▶ Thank you for caring what we think, we usually get ignored.

### Discussion

Feedback from students is generally regarded as an effective way to improve teaching; there are studies that support this notion (8-19). In some medical centres student evaluations are used to help determine promotion. It is the general consensus that students are, in fact, capable of providing fair teacher evaluations (20-23). Some of the junior faculty were rated higher than their senior colleague's highlighting the fact that the opinions of the students were unbiased based solely on their ability to teach a given topic.

Although apparently fair and capable of leading to improvement in a lecturer's performance, another important issue is whether student ratings of lecturers are reliable (i.e., consistent and reproducible). Again the general consensus in the medical literature is that good reliability has been demonstrated over a variety of courses, instructors, and students within the medical setting (9, 11-19, 20, 22-24).

The opinion of our students did have some very astounding responses. The views expressed by the students highlighted the grey areas for some lectures and tutorials. This helped us to change and improve the teaching methodology for subsequent classes. Since only fifty percent wanted handouts, we did not find it to be a priority job. Some seminars are being planned in place of certain lectures. This should benefit the students because it will involve their active participation.

The junior faculty is conducting tutorials, which include trainees and ad-hoc demonstrators. The low satisfactory score by 2nd batch students forced us to do some serious thinking. Efforts are on to convert the tutorials into an interactive session. Since osteology workbooks have been found useful the department has prepared the same.

The paucity of cadavers and compression of 1st MBBS duration has forced us to have prosection in place of some dissections. Students have found them very useful and have demanded that each dissection be followed by a prosection. This no doubt will increase the understanding and reduce the time taken to complete the particular dissection.

The equivocal response to revision by the earlier batches made us alter the revision schedule to meet the demands of the students. Senior teachers conducting revisions for the weaker lot has made the difference.

The effort put in counselling was essentially to find out the malady and look for the remedy. By and large, all those who were identified as slow learners had a multifactorial genesis. Sincere effort was put in to recoup these students. It was heartening that once the rapport was established, most of the students opened up and one could see their pride getting restored. It indeed made our day to find that the slow learners gradually climbed the rungs of performance in their scholastic pursuits.

The ranking of the teachers has infused a sense of competition amongst them to strive for the better, at the same time it has shaken a few from their slumber of complacency. All of us have taken these in the right spirit. Going by the preferences of topics to be taken by a teacher, the subsequent teaching schedule has been modified.

### Summary and Conclusion

Student feedback is a technique for improving the teaching/learning relationship and assumes the following principles:

- ▶ Learning is an active process and student involvement is essential;
- ▶ Student perception of and interaction with the teacher is integral to the process of learning;
- ▶ It is important for the teacher to see him/herself through the eyes of the student in order to build on the strengths of the relationship and correct the deficiencies;
- ▶ Students can make important contributions to the teaching/learning relationship and the teacher must be receptive to these ideas;
- ▶ Teaching and learning involve a dynamic relationship that can and should change with time and experience. There is no one "correct" way for teaching and learning. One should strive to find new and better methods.

Having said so, we would however like to add that such feedback from students should be viewed very judiciously. Poor judgmental power, feeling of fun while giving feedback and obnoxious comments reflects loss of interest in feedback (25). Many time students fail to give specific response due to ambiguous question. However providing structured pre-tested proformas with specific questions can enhance the reliability of a feedback. Incorporation of suggestions in subsequent sessions is necessary not only to bring some positive changes but also to encourage students to maintain their interest in feedback

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## A Study of Morphology and Relations of Iliocava Junction to Aortic Bifurcation and Lumbosacral Vertebrae

Kulkarni Saurabh P\*, M. Natarajan\*\*

### Abstract

Growing interest of surgeons in anterior approach to lumbar spine has demonstrated its vascular complications. A clear delineation of vascular working window for operating lumbar spine, formed by inferior vena cava formation and Aortic bifurcation is important to avoid dangerous complication. This study determines common level of Aortic bifurcation at the body of L4, with average distance of 34mm from lower border of L5-S1 disc. Variable level of iliocava junction (formation of inferior vena cava) was noted from body of L4 to L5-S1 disc, with average distance of 17mm from lower border of L5-S1 disc. Average width of inferior vena cava measured maximum at its formation i.e. 28mm. Width of right and left common iliac vein found almost equal. Angle made by left common iliac vein with inferior vena cava found most variable whereas that with right common iliac vein was constant. Average interiliac angle was 72.5 degrees. Left common iliac vein showed average 3 tributaries while right showed none or 1.

**Key words:** Iliocava junction; Aortic bifurcation; Lumbosacral spine.

### Introduction

Venous anatomy is known for variations. Lots of variations of inferior Vena cava are encountered during cadaveric dissection and while operating on lumbosacral spine. Variations of its formation (Iliocava Junction) are the most common amongst them.

Prolapsed intervertebral disc or malignant vertebral tumors and even vertebral body fusion procedures are common indications for surgeries for low back pain. Posterior approach to this region has been recorded less satisfactorily, which led to a growing interest in anterior approaches to the lumbar

spine. Anterior approach lumbar surgery and reported results from laparoscopic surgery have demonstrated that such approach can be associated with dangerous vascular complications. This makes detail study of vasculature at lumbosacral spine specially iliocava junction vital.(1)

The CT study by Svin Anda, Svend Aakhus, Karl Ove Skaanes reported that inferior vena cava and left common iliac vein which forms vascular working window of operating field have a larger transverse diameter and lie closer to the disc than do the arteries. Because veins have considerably thinner wall than arteries, veins can be inadvertently hit and punctured resulting into formation of hematoma with false aneurysm or arteriovenous fistulas.(2)

A clear delineation of vascular anatomy and its relationship to the disc space would provide useful information to the surgeon for the approach to the field, especially during laparoscopic procedures. Study may be useful for radiologist to determine types of variations. This study is done for assessment of morphology of iliocava junction and defines its relationship with lumbosacral spine and aortic bifurcation.

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### Aim and Objectives

#### To study Aortic Bifurcation with respect to:

- Vertebral level
- Distance from lower border of L5 vertebra
- Width

#### To study Iliocava junction with respect to:

- Vertebral level ,
- Variations of formation, Iliocava junction position (above or below aortic bifurcation) .
- Width of iliocava junction.
- Width of inferior vena cava 2, 3 and 4 centimetres above iliocava junction .
- Distance between aortic bifurcation and iliocava junction.
- To measure angle between two common iliac veins,
- Angle between inferior vena cava and right common iliac vein,
- Angle between inferior vena cava and left common iliac vein.
- To measure width of right and left common iliac vein.
- To measure distance between two common iliac veins at lower border of L5 vertebra.
- To determine number of tributaries opening into iliocava junction and both the common iliac veins.

### Material and Methods

This study was done on inferior vena cava of 60 cadavers. Cadavers were embalmed with 10% formalin. The cadavers used were first dissected by First MBBS students. Students dissected anterior abdominal wall, studied abdominal viscera. They were asked to preserve inferior vena cava for measurements of study according to proforma.

Area of study included aortic bifurcation, iliocava junction with proximal 4 cm segment of inferior vena cava and first sacral & lower lumbar vertebrae. Area dissected meticulously and all soft tissue made free

from surrounding fat. Clotted blood in inferior vena cava removed.

Position of aortic bifurcation noted. Its distance from lower border of L5 vertebra measured (Height of aortic bifurcation) with measuring tape. (Illustration 1) Width of aortic bifurcation measured.

Position of inferior vena cava noted with respect to its vertebral level, either right or left to aortic bifurcation and either above or below aortic bifurcation. Distance of formation of inferior vena cava (Iliocava junction) from lower border of L5 vertebra measured (Height of Iliocava junction). Width of Iliocava junction measured. Width of Inferior vena cava 2 centimetres, 3 centimetres and 4 centimetres above Iliocava junction measured. Width of right and left common iliac veins measured. (Illustration 2)

With the help of goniometer angle between two common iliac veins (Interiliac angle), angle between inferior vena cava and right common iliac vein (Right Iliocaval Angle), angle between inferior vena cava and left common iliac vein (left Iliocaval angle) measured (Illustration 3).

Distance between two common iliac veins at lower border of L5 vertebra was measured. Number of tributaries opening at iliocava junction and both common iliac veins noted.

### Results

- The aortic bifurcation was situated between L3-L4 disc to L4 - L5 disc more frequently at the level of body of L4 i.e. 44.99%.
- The average height of the aortic bifurcation was 34 mm ( $\pm 8.87$ ).
- The mean width of aortic bifurcation was 20.5 mm ( $\pm 2.16$ ).
- Iliocava junction was on the right side and superior to the level of aortic bifurcation in all cadavers.
- The iliocava junction was situated between middle 1/3 of body of L4 to disc space between L5 and S1, and more frequently at disc space between L4 and L5 i.e. 41.66%.
- The average height of iliocava junction was 17 mm ( $\pm 6.49$ ).
- The iliocava junction was always to the right side of sagittal axis passing through the aortic bifurcation.
- The average distance between aortic bifurcation and iliocava junction was 26 mm ( $\pm 4.96$ ).

- The average width of inferior vena cava was maximum at the level of junction i.e. 28mm ( $\pm 2.96$ ). Width was found decreasing on measuring 2 centimeters to 4 centimeters successively.
- The average width of right common iliac vein was 20 mm ( $\pm 2.54$ )
- The average width of left common iliac vein was 19.7 mm ( $\pm 3.01$ ). Thus no significant difference was found in width of right and left common iliac veins.
- The average interiliac angle was 72.5 degrees ( $\pm 9.07$ ). The average right ilio-cava angle was 162.5 degrees ( $\pm 7.18$ )
- The average left ilio-cava angle was 125 degrees ( $\pm 11.81$ ).
- The average distance between two iliac veins measured at lower border of L5 was 43mm ( $\pm 6.57$ ).
- Average number of tributaries opening in left common iliac vein was 3 ( $\pm 0.41$ ). Tributaries opening in IVC and right common iliac vein were 0-3.

**Discussion**

Area of formation of IVC by joining of two common iliac veins and bifurcation of abdominal aorta is of interest for radiologists and surgeons. Literature records many CT and MRI based studies of vascular anatomy in relation to lumbar vertebrae.(3)

A study by Norio Kawahara, Katsuro Tomita and others in Kanazawa university Japan(38) concludes that vertebral tumors involving L3 and L4 can be approached by posterior *en bloc* spondylectomy but, for L4, it is recommended to be done anteroposteriorly, mainly because of direct contact

of IVC with vertebral column. Authors also recommend combined anterior and posterior approach for L5 tumor for anatomic complexity of major vessels at this level in addition to structural difficulty presented by iliac crest. Svein Anda and Svend Aakhus, neurosurgeons from Norway reports importance of detail knowledge of prevertebral lumbar vascular anatomy in a CT study done for evaluating vascular complications of anterior perforation discectomies. This study shows that IVC and common iliac veins have larger diameter and lie closer to the disc. They form broad vascular band especially at L4-L5 disc level. Therefore veins hit and punctured in anterior perforations.(4)

A cavographic study on infra renal segment of IVC by Bonnichon and Gaudard from Paris, France depicts diameter of IVC helps in caval filter placement. Thus it is clear that the trans peritoneal laparoscopic approach to the lumbosacral spine has become an increasingly common procedure both in spine surgery and in surgery of pelvic floor diseases. The ilio-cava junction and aortic bifurcation present the major limit to extensive exposure at this level.(5)

Radiological and cadaveric studies have related an important variability in the vascular structures adjacent to the lumbosacral spine. Site of aortic bifurcation is classically described at the level of L4 vertebral bodies. The aortic bifurcation occurs anywhere from body of L3 to L5. Present study has AB at L4 level in 44.99%. Similar study in cadavers by S. Pirro and D. Ciampi shows AB in 50% cases. By understanding limitations of study in cadavers, arteriographic, CT and MRI have recently been utilized for studying vascular anatomy AB. MRI study on 441 patients of lumbar vertebral disease at Michigan USA by M Chithriki and M Jaibaji(6)

reports 67% AB at L4 vertebra.

**Table 1 : Comparison with Level of Aortic Bifurcation in Between MRI Study of M. Chithriki and M. Jaibaji and Present Study (6)**

Vertebral Level	% of Patients in MRI Study	% of Cadavers in Present Study
Upper L3	0.9	-
Middle L3	1.4	-
Lower L3	7.0	-
L3-L4 disc space	13.4	28.33
Upper L4	19.1	20.00
Middle L4	24.0	1.66
Lower L4	23.8	23.33
L4-L5 disc space	7.7	26.66
Upper L5	1.6	-
Middle L5	0.9	-
Lower L5	0	-

This study also correlated incidence of vertebral anomalies like sacralisation and lumbarisation of vertebrae with level of AB. Study reports 8.4% cases with lumbosacral anomalies and states that location of the AB to be more cephalad in those with sacralisation and at a more caudal level in those with lumbarisation. In the present study there were no anomalies at the Lumbosacral junction. Lerona and Tewfik studied similar parameters in 100 pelvic arteriogram, but study was limited to females with pelvic malignancies. In same studies iliocava junction is more consistent in its location than aortic bifurcation.

The iliocava junction is related to L4-L5 disc level or to the L5 body level. Present study shows it at L4-L5 disc level in 41.33 % and at L5 body level in 48%, out of which 25% was found in lower third of the L5 body. Study by S. Pirro and D. Ciampishows 64% ICJ at L5 body. MR angiographic study by Jaume Capellaudes and Farran Pellise focuses on vascular working window dependant on position of ICJ and Left Common Iliac Vein (CIV). This is important for anterior lumbar inter body fusion procedure. Study reports ICJ at L5 body level in 59.4 % cases. ICJ is reported at L5-S1 disc in 10% in MR angiographic study, 12% in study by S. Pirro and D. Ciampi and in only one case in present study.

Only one radiological study, with 134 patients undergoing MRI for low lumbar pain by Jaume Capellaudes and Farran Pellise, has evaluated the position of the iliocava junction in relation to age and sex. Moreover this study included patients with spondylosis. Spondylosis and loss of disc height may contribute to the variability in vascular anatomy and modify relations between vessels and lumbosacral spine. The possibility of ethnic variations was mentioned.

The iliocava junction and the angle between two Common Iliac Veins (CIV) -interiliac angle determine the accessibility to the L5-S1 disc. The interiliac angle is as variable in anatomical studies as in radiological studies. The interiliac angle was found to depend on the height of iliocava junction in study of Jaume Capellaudes and Farran Pellise, which considered the iliac veins as having a constant endopelvic route between iliocava junction and other vascular structures. The vascular window located under iliocava junction between the two common iliac veins is main access to the L5-S1 disc. The height of iliocava junction and the position of left common iliac vein are the main predictive factors for anterior approach to L5-S1 disc. Same radiological study observed that the left common iliac vein was more medial in men than in women at L5-S1 disc. Two radiological studies show that vascular window is narrow in one

third of the cases. However, the main criteria used in these studies for accessibility can not help in avoiding surgical complications. Only one retrospective study of Kleeman Tj and Micheil Ahn U has compared iliocava convergence and the aortic bifurcation, evaluated by computed tomography with preoperative anatomy.(7)

With the development of cross-sectional imaging, anomalies of inferior vena cava have frequently been revealed on CT. These anomalies may be associated with widespread thrombosis of the iliac and femoral veins, particularly in young patients.

Gayer et al reports nine patients with an inferior vena cava anomaly who presented with widespread deep vein thrombosis of the pelvic and femoral veins. They studied first time this series of patients whose CT findings showed the uncommon association of congenital anomalies of the inferior vena cava with deep vein thrombosis.(3)

Anomalies of the inferior vena cava have been recognized as a possible risk factor for deep vein thrombosis, particularly in young adults, with only anecdotal CT descriptions. Ruggeri et al. found an anomalous inferior vena cava in four of 75 young patients with a first episode of deep vein thrombosis. Those authors estimated the prevalence of an anomalous inferior vena cava in that group of patients to be around 5.3%, but they assumed that their figures were necessarily conservative because some cases might have been missed by an incomplete radiology study or inadequate awareness of the possible causative relationship of an inferior vena cava anomaly with deep vein thrombosis. Obemosterer et al prospectively evaluated 31 patients with ileofemoral deep vein thrombosis on venography and MR angiography and found five with anomalies of the inferior vena cava. Authors also found a high prevalence (9.5%) of an anomalous inferior vena cava in young patients with deep vein thrombosis, instead of an expected rate of about 0.3%. The ideal imaging modality to help diagnose an IVC anomaly must have high diagnostic accuracy and also be safe and reproducible. It is difficult to establish a diagnosis of any IVC anomaly by ultrasound. Various clues are recognized on radiologic imaging that could help diagnose an absent IVC or anomaly. One of the more common and helpful clues is well developed and possibly dilated intrathoracic hemiazygous and/or azygous continuations. These collateral circulations as well as other retroperitoneal venous pathways are usually well developed before symptoms present.(8)

The most reliable, non-invasive methods to establish a diagnosis of IVC anomalies are CT with

intravenous contrast or magnetic resonance scan. CT scan, unlike ultrasound, is a good imaging modality of the retroperitoneal space. Another accurate, but more invasive, imaging modality is venography, which is particularly useful if any surgery is planned.

disorder. In their series, 7 of 9 patients with an IVC anomaly and DVT had a positive thrombophilic screen. There have been 3 case reports in the medical literature of thromboembolism due to an IVC anomaly (absence of the infrarenal portion of the IVC, infrarenal IVC hypoplasia). In all of these cases, the thrombophilic screen was negative. It was hypothesized that multiple emboli from DVT in the common and superficial femoral veins migrate through the well-developed hemiazygous and/or azygous system to the pulmonary circulation.

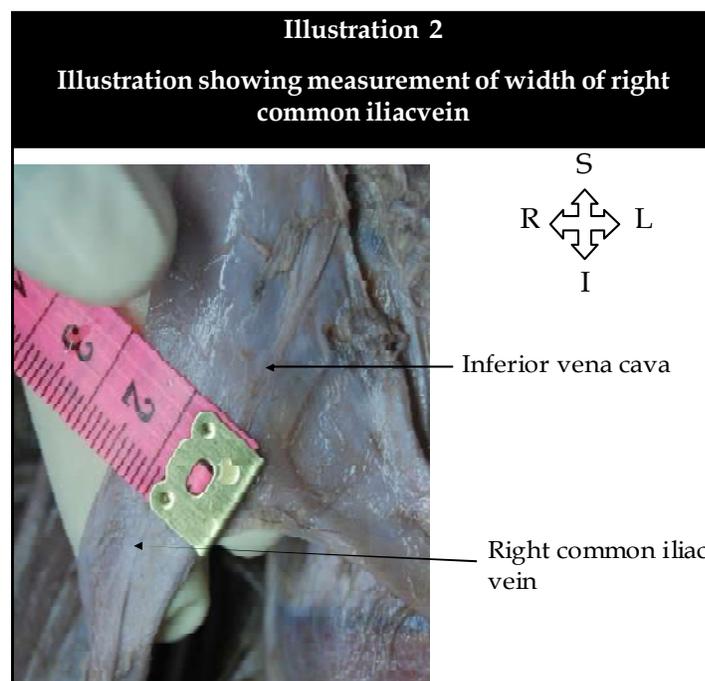
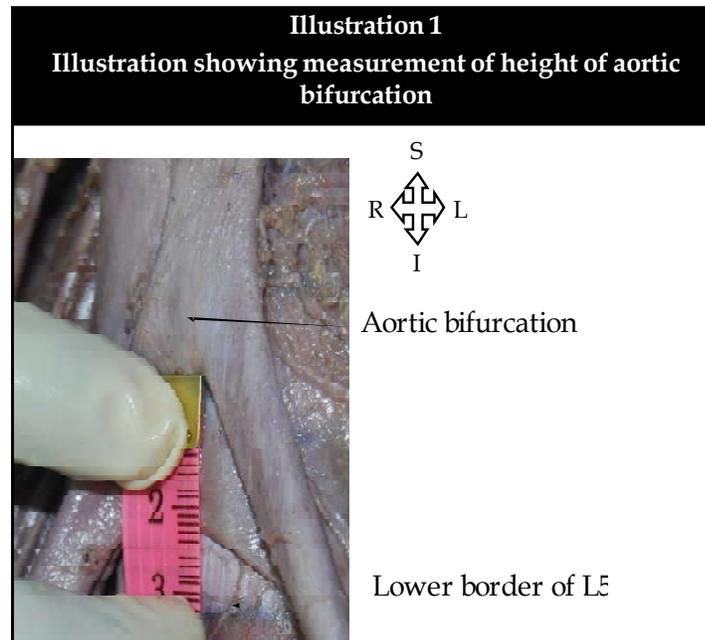
There is very little evidence available on the surgical correction or the treatment of this uncommon anomaly. A case report of a complete absence of the IVC but patent iliac veins and nonhealing pretibial ulceration described successful treatment with a prosthetic graft from the iliac vein to the intrathoracic azygous vein. Success was defined as complete healing of the ulcer up to 30 months after surgery.

Knowledge of the association of other anomalies in patients with an absent IVC, such as renal atrophy or agenesis, can highlight underlying vascular anomalies, which are in themselves of significant clinical importance. Clinician must have a profound awareness of the associated elements that make up the clinical complex of congenital vena caval abnormalities in order to avoid diagnostic and treatment pitfalls.

### Conclusion

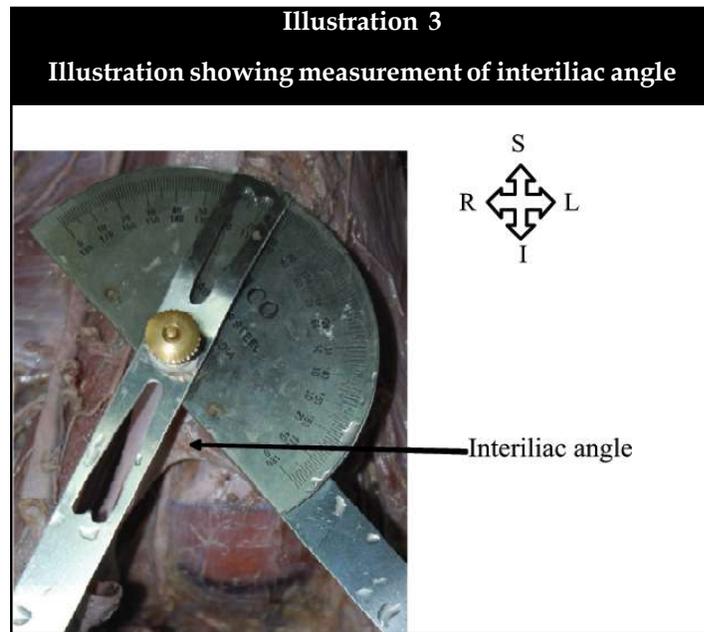
This study focuses on the anatomical relation of lower lumbar spine with great vessels in abdomen. Anatomically they are placed in such a way that approach to lumbar spine involves risk of vascular damage. So, as proven by various referred studies congenital anomalies specifically of formation of Inferior vena cava, and their respective relation with Aortic bifurcations plays crucial role in defining working window for surgery.

With the increased incidences of patients requiring surgeries for malignancies of vertebrae, spondylolisthesis, tuberculosis, vertebral body fusion, prior CT evaluation of vascular anatomy is advocated specifically when laparoscopic mode is planned.



It is hypothesized that blood return with an absent IVC is inadequate, despite adequate collaterals, resulting in chronic venous hypertension in the lower extremities and causing venous stasis that precipitates thrombosis.

Gayer et al recommended that all patients with an IVC anomaly be screened for a thrombophilic



This will also help in anticipating different medical conditions associated with various anomalies. It has importance in irradiation procedures too, which may be indicated for common gynaecological malignancies having high risk of vascular complication.

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## Anthropometric Data of Hand and Middle Finger Length in Both Sexes of College Students and its Correlations with Stature

G.A. Shroff \*, Mandhana V.S. \*\*, Mois Khawja \*\*\*

### Abstract

**Background:** Estimation of an individual's stature is an important parameter in forensic examinations and anthropological studies. Morphometry of the hand provides important evidence in a crime scene investigation which helps in the estimation of stature of a criminal. Moreover, there can be anthropometric variations in different geographical areas. Aim: Determination of standard data of stature, hand length and middle finger length. To obtain correlation between these parameters. **Material and method:** 260 students were measured with 130 male and 130 Female candidates. Descriptive statistical analysis with distribution of population by skewness and Kurtosis are analyzed. Correlation between parameters were calculated with SPSS. **Result:** Middle finger length with hand length is highly correlated with Pearson Correlation 0.896 for left side and 0.892 for right side. Both parameters are Correlated with Height of person by linear correlation. Multivariate regression equations are calculated. **Conclusion:** Both hand length and Middle finger length are linearly correlated with height of person. Multivariate regression formulas are useful to calculate stature of person. These parameters are useful in ergonomics.

**Keywords:** Stature; Hand length; Middle finger length; Correlation coefficient.

### Introduction

Adaptation of the upper extremity due to bipedal locomotion in human make the upper limb free from the burden of weight bearing. Hand become organ of prehension to manipulate the environment by a grasping mechanism.[1]

The study attempts to provide the anthropometric dimensions of the hand, foot and ear for the students in tertiary institutions in Nigeria. The study is

necessary because differences in these dimensions as a result of gender and nationalities may consequences on the design and construction of handles, gloves, foot wears, brake pedals, ear-phones and so on. [2].

Jasuja O. P. estimating stature from various parameters based on the above mentioned evidences becomes one of the most important and essential exercise for personal identification. In present paper, study on stature estimation from hand and phalanges length has been reported in 60 people. [3]

Ilaperumastudied was carried out to investigate the relationship between personal stature and hand length among a group of male and female Sri Lankan adults and to derive a linear regression formula between the handlength and height of an individual. total of 258 individuals with an age range of 20-23 years. [4].

From the present study we found some multiplication factors which were helpful for Bengali adult Muslim females for estimation of stature from respective hand length. That may be helpful for those who work in this area especially in the

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various medical disciplines, anthropologists, and security experts of Bangladesh. [5]

Human beings are considered to be bilaterally symmetrical. However, there is an asymmetry in the length of the feet irrespective of sex or handedness. One hundred normal subjects (50 males and 50 females) between the ages of 19 and 25 years with no obvious deformities or previous history of trauma to the hands or feet were selected for the study. [6]

Rahulke study was planned to evaluate the correlation between middle finger length and stature of a tribal district population of India so that a formula can be derived for estimation of height for this tribal district population. A total of 100 subjects, 23 male and 77 female were included in the study. In the studied population middle finger length and stature among males and females have good correlation. [7]

In our study we found that there is strong correlation between stature and hand length and the linear regression analysis of the obtained data has provided the regression equations for nearly accurate estimation of stature in Gujarati population. Estimation of stature from hand length in Gujarat region [8]

Sample of 273 living cases (138 male and 135 female students) between the ages of 17 and 23 years with no obvious deformities or previous history of trauma to hands, feet, spine and limbs, were studied. This study shows significant correlation between stature and all five parameters at different degrees. Mathematical formulas were used for estimation of stature from Arm span, Hand length, Hand breadth, Foot length, and Foot breadth. Arm span showed the highest correlation with stature ( $r=0.908$ ) followed by Hand length, followed by foot length. Hand Breadth showed the lowest degree of correlation (0.467). [9].

100 males and 100 females each containing 50 North Indian and 50 South Indian males and females, aged between 18-21 years. Present study shows higher mean values in each anthropometric dimension were obtained in males than in females. As far as the bilateral asymmetry is concerned, both hand length and width in North and South Indian males and females were statistically significant. In males the highest correlation coefficient is exhibited by right hand length. Thus, hand length is the best parameter for estimating stature for males. [10]

## Material and Method

Ethical committee permission was taken prior to study. Information sheet was given to all subjects and written informed consent was obtained.

In this study total of 260 students of age group of 18 to 21 years taken with 130 male and 130 female. Care is taken that no one has history of accident with fracture of extremity and not suffering from diabetic.

For measurement of hand length, both

hands was measured with Vernier Calliper length was measured from tip of middle finger or the longest finger to the centre point of inter styloid line.

Middle finger is measured from tip of finger till proximal crease of phalange in cm.

Standing height was measured with the

individual standing barefoot on the platform of the stadiometer with the upper back buttock and heels pressed against the upright position of the instrument. Head was positioned in the Frankfurt horizontal plane, and the head plate was brought into firm contact with the vertex.

Data was tabulated. Descriptive statistical and ratio between hand length and middle finger length was calculated. Test of significance applied. And Correlation

coefficient was calculated with regression equation by SPSS 19.

## Results

Height is one of the indicators of identity of individual. Descriptive analysis of data indicates significant difference in male and female parameters. Both one way ANOVA and t-test signifies values 0.000.

Range of male height in male population is 147 to 193 cm and female population is 124 to 180.34 cm. Normal distribution shows mesocentric distribution of population. F value is 206.528 and highly significant 0.000.

Hand length and middle finger length shows difference in length in both right and left hands with significant difference in both sexes.

**Table 1: Height in (cm)**

	Male	Female
Mean	171.49	157.98
Std. Dev.	7.56	7.59
Std. Er. Mean	0.66	0.67
Min	147	124.46
Max	193.04	180.34
Skewness	-0.158	-0.905
Kurtosis	0.576	0.212

**Fig. 1: Graph of mean Height in cm**



**Table 2 : Hand Length in cm**

	Male		Female	
	Right	Left	Right	Left
Mean	18.67	18.72	17.34	17.27
Std. Dev.	0.94	0.95	1.23	1.15
Std. Er.	0.08	0.08	0.1	0.04
Mean				
Min	16	16.3	15.3	15.2
Max	21.7	21.8	24	21.6
Skewness	0.24	.25	1.66	1
Kurtosis	0.94	0.58	6.01	1.63

**Table 3 : Middle Finger Length (cm)**

	Male		Female	
	Right	Left	Right	Left
Mean	8.16	8.18	7.45	7.43
Std. Dev.	0.46	0.46	0.55	0.54
Std. Er.	0.04	0.04	0.04	0.04
Mean				
Min	7	7	6.2	6.2
Max	9.8	9.8	9.3	9.2
Skewness	0.19	0.28	0.74	0.62
Kurtosis	0.63	0.72	0.79	0.61

**Fig. 2 : Hand Length Mean Values**



**Fig. 3 : Middle Finger Length (cm)**



Eq3: Height = 85.945 - 2.947 \* Right hand length + 4.991 \* Left hand length + 5.302 \* Right middle finger length + 0.080 \* Left middle finger length (R= 0.59).

**Discussion**

Estimation of an individual's stature is an important parameter in forensic examinations and anthropological studies. Morphometry of the hand provides important evidence in a crime scene investigation which helps in the estimation of stature of a criminal. The available data usually apply to Caucasians in Europe or North America. Only few studies of other racial groups exist which emphasize the need to establish standards in different ethnic populations[4].

In this study students from central India has been calculated. Mean value for height is higher in male than in female population.

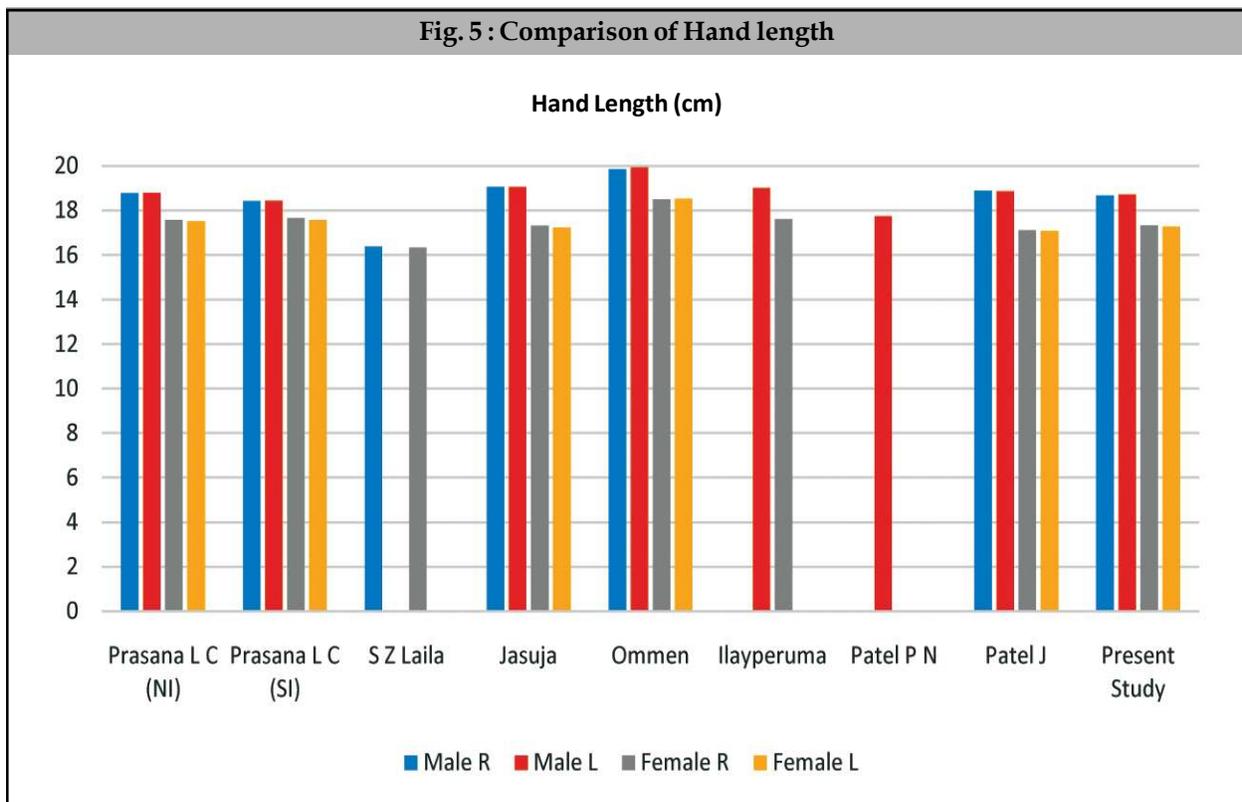
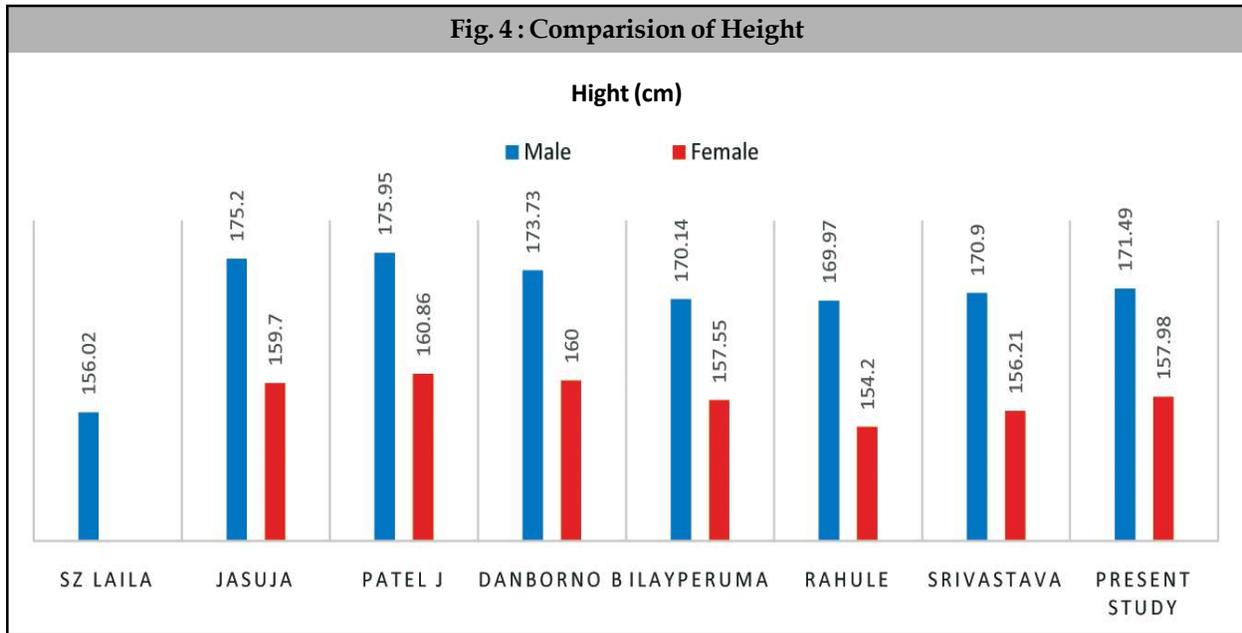
**Table 4 : Comparison of Hand Length (cm)**

Sr.No	Authors	Measurements	Sex	Side	Min	. Max	Mean	± SD	± SE
1	Prasana L C	North	Male	Right			18.78		
				Left			18.8		
			Female	Right			17.58		
				Left			17.52		
			Male	Right			18.42		
				Left			18.44		
Female	Right			17.67					
	Left			17.59					
2	SZ Laila	Hand length	-	Right	-	-	16.39	0.79	-
				Left			16.34	0.8	
3	Jasuja <sup>34</sup> (2003)	Hand length	Male	Right	18.4	21.3	19.06	0.73	0.13
				Left	18.2	21.2	19.06	0.76	0.13
			Female	Right	19.1	19.7	17.32	0.81	0.14
				Left	19.1	19.9	17.24	0.8	0.14
4	Ommen	Hand length	Male	Right			19.85	0.86	
				Left	-	-	19.93	0.93	
			Female	Right			18.51	0.66	
				Left	-	-	18.52	0.77	
5	Ilayperuma <sup>55</sup> (2009)	Hand length	Male	-	-	-	19.01	5.22	-
			Female	-	-	-	17.62	0.93	-
6	Patel P N	Hand length		-	-	-	17.75	1.09	-
7	Patel J	Hand length	Male	Right			18.89		
				Left	-	-	18.86	-	0.08
			Female	Right			17.11		
				Left	-	-	17.08	-	0.11
8	Present Study (2014)	Hand Length	Male	Right	16	21.7	18.67	0.93	0.081
				Left	16.3	21.8	18.72	0.95	0.084
			Female	Right	15.3	24	17.34	1.23	0.1
				Left	15.2	21.6	17.27	1.14	0.1

With statistically significant. As also observed by Jasuja O.P., Patel J, but comparative values are higher than present study [3,8].

Hand length shows higher values in male than in female as in other studies. Correlation coefficient are on higher side in present study than in Jasuja O.P.; IlayerumaIsurani; Laila SZ; Patel J.Oommen A.; Prasana L. L. [3-8].

Very few studies had been carried out on middle finger length as in Rahule [7]. It shows good correlation with both height and Middle finger length. Middle finger length on right side is more in male than female. Regression equations had been calculated with multiple regression. With improved correlation coefficient. Rest other studies shows univariate analysis.



**Conclusion**

In this following inferences can be deduced  
 Hand length is highly correlated with middle dfinger length.

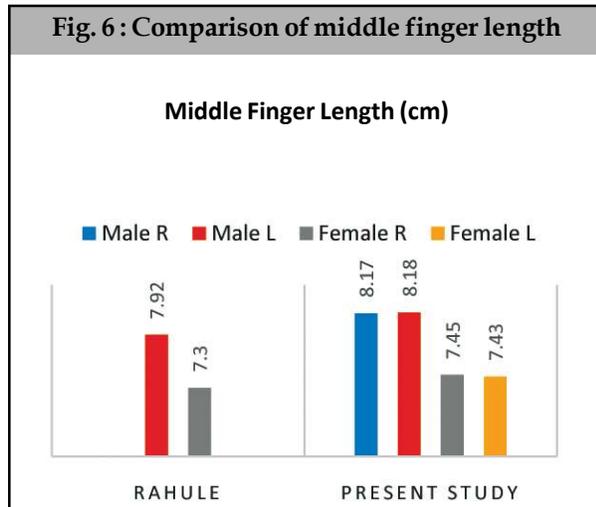
Middle finger length is positively correlated with both hand length and height of person.

Multiple correlation regression equation gives better predictive value for height.

Following data and equations can be useful for forensic purpose and in designing of instruments or in ergonomics.

Table 5 : Comparison of Height (cm)							
S.No	Name of the author	Sex	Min. Stature	Max. Stature	Mean	± SD	± SE
1	SZ Laila <sup>5</sup>	-	-	-	156.02	6.13	-
2	Jasuja <sup>3</sup> (2003)	Male	166.2	185.6	175.2	5.24	0.957
		Female	152	167.9	159.7	5.17	0.945
3	Patel J <sup>8</sup>	Male	-	-	175.95	5.91	-
		Female	-	-	160.86	5.6	-
4	Danborno B <sup>11</sup>	Male	-	-	173.73	7.13	-
		Female	-	-	160	6.22	-
5	Ilayperuma <sup>4</sup>	Male	-	-	170.14	5.22	-
		Female	-	-	157.55	5.75	-
6	Rahule <sup>7</sup>	Male	157	192	169.97	5.71	-
		Female	139	167	154.2	7.15	-
7	Srivastava <sup>12</sup>	Male	-	-	170.9	-	0.371
		Female	-	-	156.21	-	0.49
8	Present Study (2014)	Male	147	193.04	171.49	7.56	0.66
		Female	124	180.34	157.98	7.59	0.66

Table 6 : Comparison of Middle Finger length (cm)									
Sr. No.	Authors	Measurements	Sex	Side	Min	Max	Mean	± SD	± SE
1	Rahule	Middle Finger Length	Male	-	7.1	9.5	7.92	0.42	-
			Female	-	6	8.4	7.3	0.55	-
2	Present Study (2014)	Middle Finger Length	Male	Right	7	9.8	8.17	0.46	0.043
				Left	7	9.8	8.18	0.46	0.043
			Female	Right	6.2	9.3	7.45	0.55	0.044
				Left	6.2	9.2	7.43	0.54	0.042



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## The Bivalve Nervous System and its Relevance for the Physiology of Reproduction

Sukanlaya Tantiwisawaruji\*, Eduardo Rocha\*\*, Uthaiwan Kovitvadhi\*\*\*, Maria J. Rocha\*\*\*\*

### Abstract

Bivalves are widespread invertebrates that are mostly marine and benthic, with great impacts in the aquatic systems food chains. Their soft body is laterally compressed and covered with a hard shell, often having bilateral symmetry. Strong adductor muscles help in the shell movement. Various species are used as bioindicators of environmental quality. Many, such as mussels, clams, scallops, or oysters, are heavily harvested/reared for human consumption. Bivalves availability, adaptability and simple anatomy make them attractive for both fundamental and applied research. One particular target for such studies is the nervous system. It is typically made of a central nervous system holding three types of ganglia (cerebral, pedal, visceral), organized into an outer neuron- and glia-rich cortex and an inner axon-rich medulla. Nerves interconnect the ganglia as well as these and peripheral nervous system components, made of sensorial structures such as eyes (mantle, tentacles), and osphradia (gills) and statocysts (foot); They are involved in photoreception or are mechano or chemoreceptors. Among other roles, the nervous system governs reproduction, via influences in the sexual development, gametogenesis, fertilization and spawning. Such modelling is via neurotransmitters and neurohormones, interplaying with direct/indirect impacts of biotic (eg, food abundance) and abiotic (eg, temperature, pH, salinity) factors. We know now that many pollutants can disrupt the nervous system and gonads and their poorly known interaction. Knowing the nervous system functional morphology is critical to understand such disruptions and foreseen reproductive consequences. Accordingly, this work offers a systematic overview about the bivalve nervous system and related reproductive events.

**Keywords:** Anatomy; Histology; Bivalves; Nervous system; Ganglia; Neurons; Glial cells; Neurocytology; Neurophysiology; Reproduction.

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### Introduction

In almost all metazoans, the coordination is accomplished by two main mechanisms, hormones and nervous system signals. These two central systems interact with each other to maintain the homeostasis of animals and to respond appropriate information to the environmental stimulus [1-2]. In addition to these basic vital functions, the nervous systems of higher organisms are able to perceive and react to a greater range of environmental stimuli in intricate and varied way including responsible for feeling, thinking, and learning [3]. In vertebrates there are more complicated components of the nervous system. Anatomically, there are two systems: the central nervous system (CNS) and the peripheral nervous system (PNS). CNS consists of brain and spinal cord. The PNS comprises the somatic and autonomic nervous systems. Somatic afferents carry sensory information from the skin, muscle, and joints

to the CNS, while motor efferent nerves innervate skeletal muscle to cause the movement contraction. [4] The autonomic nervous system can be thought of as a motor system for visceral organs, because it projects to these organs to innervate and control the function of smooth muscle, cardiac muscle, endocrine, and exocrine glands. The autonomic nervous system is typically further divided anatomically and functionally into the sympathetic and parasympathetic subdivisions. [2, 4, 5]

In lower invertebrates of the animal kingdom, like Coelenterates or Cnidarians, the nervous system consist of specialized nerve cells of ectoderm called nerve net that consists of sensory and muscle cells diffusely distributed. [6, 7] The most highly evolved groups, like flatworms, show the first real CNS because their sensory cells are grouped into special anatomical collection forming a nerve ring or ganglia organized in the bilaterally symmetrical longitudinal body axis as nerve cords. Their ganglia can assume a segment-like structure as a result of the more or less regular array of cross-connections innervating the whole body. [8] In the head region, there are specialized structures, such as primitive "eye or ocelli". These structures are also be found in annelids, in which in the anterior end there is a distinct brain and segmented body plan, with ganglia organized into a ladder-like chain in each segment. [9] The dorsal brain is connected to the ventral chain of segmental ganglia via circumesophageal connectives. Each segmental ganglion, which typically is said to consist of about 1000 neurons, is organized in a bilaterally symmetrical way. Both halves are linked to one another by commissures and to neighboring ganglia by connectives. Peripheral nerves, typically three pairs, projects from each ganglion and innervate the segmental body wall. [10] All ganglia have a structure which is characteristic for higher invertebrates; neurons within cortex and the neuronal processes (dendrites and axons) lie in a neuropil in the core of the ganglion. In some annelids, distinctive giant neurons occur, and these play an important role in fast escape responses. [11] In some species the structure of optic ganglia is formed. [12, 13]

In arthropods, however, the body organization is different from that of annelids with articulated appendages and the fusion of originally unitary, metameric segments into the functional entities comprising the head, thorax, and abdomen. For such insects and crustaceans, their head region tends to form a complex brain consisting of extensively fused cerebral ganglia. These are often associated with the processing of information from specialized sensory organs, for example, a protocerebrum of insects,

which receives visual sensory input from both compound eyes and from the simple ocelli, a deutocerebrum which receives sensory input from the antennae, and a tritocerebrum which receives input from the head surface. [14] These brain structures together contain about 90% of the neurons in the central nervous system, which in the larger crustaceans sum about one million nerve cells. In the higher arthropods, there are brain regions which consist of associative neuropil centres, cell body regions, and aggregates of neurosecretory cells. [15, 16] The requirement for accurate motor control of the articulated body appendages, especially the thoracic legs, has led to an increasing specialization of the ventral segmental ganglia. [17] There are the thoracic ganglia typically containing more interneurons, efferent projecting motor neurons and afferent sensory fibers than the abdominal ganglion. The latter, often associated with specialized structures, are located in the posterior end of the animal. In addition, there is a tendency toward fusion of the segmental ganglia into fewer (in some cases single) ganglia. [18] One such ganglion, the subesophageal, it is formed by several ganglia and controls the mouthparts – this is generally found enclosed in the head capsule. [19] The segmental specializations of the arthropod nervous system allow complex motor activity to be generated. This includes flying, running, jumping, manipulation, and sound production. [12, 18]

In molluscs, there are variations in the organization of the nervous system. In order to get sensations they have a collection of neurons in the ventral cord which are called ganglia. The basic organization of their CNS comprises about five pairs of ganglia which are arranged around the gut, normally near the head, and are linked to one another by connectives and commissures. It is possible to distinguish cerebral, buccal, pleural, pedal, and abdominal ganglia. [13, 20] The basic organizational plan can vary significantly among individual molluscan species, to the extent that the various ganglia can change their position and even fuse with one another. [12, 13, 20] In Gastropoda, Scaphopoda, Polyplacophora, Monoplacophora (slow-moving animals) and Cephalopoda (active predatory lifestyle), there is cephalisation. [7, 11, 21] There are numerous studies on the nervous system of the gastropod mollusc *Aphysia californica*, which is an animal model for the neurobiologists' study of behaviours, namely learning and memory. [22, 23] In bivalves, such as, clams, mussels, and scallops, there is bilateral symmetry and soft body. They have an interesting simple model of CNS, recognized as very useful for studies ranging from neurobiochemistry to neurophysiology. [7, 24, 25]

However, little seems to be known about the detailed anatomy of components in the bivalve nervous system. This Chapter reviews two major parts in bivalves. The first concerns the structure and function of nervous system. The second describes the neural control of reproduction.

### ***General morphology and functions of nervous system in bivalves***

Knowledge about the morphology and functioning of central nervous system in bivalves is still somewhat scarce and needing further study. The reasons for this limitation are varied. The histology, though studied to a certain extent, is different from that of vertebrates; most of the available forms are small, and the few experimental work has been performed using methods fruitful in vertebrates but, possibly, inadequate or insufficient for bivalves. A great feature of the bivalve nervous system is the small number of neuronal elements within ganglia and that contribute to the peripheral tissue. [20, 26] This makes possible a type of analysis that is difficult to achieve in vertebrates. Also, interesting direct correlations between the size of the ganglia and their function can be disclosed in bivalves.

### **The central nervous system**

#### ***Anatomy of the ganglia***

The basic plan of organization of all bivalves nervous system is bilaterally symmetric which each half body segment possessing a ganglion. In typical bivalves, they consist of three pairs of ganglia: cerebropleural (commonly called as cerebral), visceral and pedal; along with two pairs of long nerve cords. Both cerebral ganglia are interconnected to visceral and pedal ganglia by bilaterally running nerve cords. Each ganglion gives rise to nerve fibers that supply the organs and tissues in close proximity. [24, 26, 28] For instance, the cerebral ganglia innervate labial palps, anterior adductor muscle, anterior part of the mantle, and sensory organs, including statocysts (equilibrium organs) and osphradia (a chemo-mechanical sense organ). [29] The visceral ganglion innervates the gills, heart, posterior adductor muscle, posterior part of the mantle, siphons, and sensory organs in the mantle. [30] As in other bivalve species, the visceral ganglion of *Venus verrucosa* comes from the fusion of two original ganglia, thus showing bilateral symmetry; pairs of symmetrical nerves emerge from each pole and diverge. Lastly, the pedal ganglion, as the name indicates, innervates the foot. [28, 31, 32]

### ***Cerebral ganglia***

In most bivalves, the paired cerebral ganglia are well separated from each other (left and right) and they are usually triangular in shape, with the color varying from milky white to bright red. These ganglia are situated between the base of the labial palps and the first esophageal subdivision of the digestive tract, being shortly cross-connected by a commissure arching over the esophagus, as well as, longitudinal linked between pedal and visceral by connectives. In reality, they are formed by fusion of the cerebral and pleural ganglia around the anterior part, and that is why they are commonly referred as cerebropleural ganglia or cerebral ganglia in the literature [20, 32]; and herein we shall use the latter term henceforth for consistency. From each cerebral ganglion not only the principal two pair of nerves cords lead toward the posterior of the animal: one, cerebro-pedal connectives that extend posterior and ventrally to the pedal ganglia in the foot; another, cerebro-visceral connectives, running directly back from the cerebral ganglia to the visceral ganglion, which is located on the surface of the posterior adductor muscle. But, there are also the pallial nerves innervating the labial palp, anterior adductor muscle, gill [33], and part of mantle margin, as well as the statocysts and osphradia. In the absence of cephalic sense organs the cerebral ganglia are weakly developed and small. [33] In snails, the central ganglia are more concentrated and the visceral loop is so short that all of the principal ganglia are in the anterior nerve ring above the esophagus. [20, 21, 34]

### ***Pedal ganglia***

In general bivalves, the pedal ganglia is positioned below the esophagus and is anterior to the base of the foot. They have the same type of coloration but are larger than the cerebral ganglia and more rounded in appearance. The pedal commissures are rare; in most forms the right and left ganglia have met together in the middle line. Each ganglia extend the following nerves: 1) the pedal nerve, which innervates the foot, originates from the ventral posterior surface; 2) in genus *Mytilus*, the ventral byssus retractor nerve, innervating the byssus organ and muscle and arising from the posterior ventral side of the ganglion; 3) the dorsal byssus retractor nerve, which also innervates the upper byssus muscles arise from the posterior dorsal of the ganglion. In *Crassostrea virginica*, there are as well no pedal ganglia in line with the lack of a foot for moving. [24, 32, 35]

### *Visceral ganglia*

In typical bivalves the visceral ganglion is the largest ganglia, being derived from the fusion of two original ganglia. Visceral ganglia either appear as “rounded triangles” or else having multiple lobules, with milky white to bright red in colour at the ventral end of the visceral mass, on the anteroventral border next to adductor muscle. The visceral ganglia are much larger than the cerebral and nerves emanating from it innervate the mantle, gills, intestine, anus, skin, posterior part of the genital apparatus, kidney, the main digestive gland and posterior adductor muscle. [32-36] In addition to their usual autonomic functions, the visceral ganglia also receive sensory inputs from the sensory tentacles of the mantle. The tentacles are photoreceptive, mechanoreceptive, and even chemoreceptive organs. [24, 32] It is of interest to note that the distribution of the nerves which originate from the visceral ganglia is not always identical for each ganglion. Processes could be seen to extend from nerve cell bodies. Fibres could be seen in the cerebro-visceral connective and in the origin of the branchial nerve. [36] The large white visceral ganglion can be revealed by opening the exhalant chamber and cloaca and looking between the pyloric process and the posterior adductor muscle. [30, 37, 38]

### *Histology of the ganglia*

Irrespective of the ganglia types, they typically consist of three layers, an outermost perineurium, the outer cortex and the inner medulla, which can be called neuropil. [20, 39] Accordingly, the typical structural organization of the ganglia, bivalves like those of most invertebrates, consist of a multilayered rind of neuronal cell bodies which send their processes to a central core, are sheathed by a connective tissue perineurium and contain two types of cells: nerve cells (neurons) and glial cells. [13, 20]

### *Perineurium*

Ultrastructural analysis of the *V. verrucosa* ganglia shows – from the ganglion periphery the perineurium – a limiting envelope formed by a sheath of connective tissue that consists of collagen fibers and fibroblasts; they are arranged in a loose three-dimensional network, alternating with sheaths of dense microfilamentous material with the appearance of a basal lamina surrounding the ganglia. [36] As for its function, the perineurium is likely to provide not only a protective envelope, but also a permeability barrier, which may be particularly

important in bivalve ganglia which probably lack a glial blood-brain barrier. [13, 20] But the perineurium in vertebrates is different from that in invertebrates, because it is a concentric layer of bundled nerves that it is a protective layer of connective tissue located around nerves in the body and the internal organs. Indeed, it is composed of concentric layers of connective tissue that form a protective sheath around bundles of nerve fibers. This structure is a transparent tube-shaped layer that is easily pulled away from the bundled nerves. Perineurium nerve coverings are a part of the peripheral nervous system (PNS), which is responsible for transmitting messages from the central nervous system (CNS) in the brain to the effectors, like arms, legs, and internal organs. [2]

### *The cortical part of ganglia (cortex)*

The cortex, a multilayered area of neuron and satellite glial cells in *V. verrucosa* [36], is to be the complex network centre of neuronal cell bodies and glial cells. The cortex is not only involved in the control of many internal, homeostatic regulatory processes, but also in the production of complex behaviours. Many of nerve cell bodies located in the cortex were radially oriented and closely associated with the connective tissue sheath. Many of the neurons send their axons into the neuropil ganglion (inner) zone. [40]

### *Medulla or neuropil region*

As previous mention, in the most invertebrate ganglia such as arthropods and annelids, the cell bodies of neurons occur in a thin rind on the periphery of the ganglion, and the core that contains axons and dendrites is called the neuropil, a ganglionic core containing the axonal processes of the cortical neurons in *V. verrucosa*. [36] These nerve cell bodies appeared to be extensively innervated, as indicated by the specific staining of endings on their surface their process of the nerve cell body tapered as it extended from the body. The neuropil region has a fibre organization of axons in the nerve tracts that form clustered areas of complex synapses, i.e., glomeruli. [20, 37]

Ganglionic structure follows a common pattern in virtually all invertebrates, with an outer rind of neuronal somata surrounding an inner core of axons and dendrites. The somata are clustered in groups. The axonal processes of motor neurons leave the ganglion through the lateral nerves to innervate their targets in the periphery (often muscles). Most motor neurons have just one axon leaving the ganglion, but a few have axons in several nerves that innervate

different targets. In this way a single motor neuron can exert coordinated control over sets of muscles that need to act together. Individual muscles are generally innervated by just one or a few excitatory motor neurons. [13, 20]

#### *Neurons and glial cells (ganglionic cells)*

There is no doubt that in all bivalves the number of central neurons is smaller if compared to more complex animals. Notwithstanding, each neuron has a specific and often complicated task to perform which involves receiving and making many synaptic connections. [41, 42] In certain instances, differences between the pair of neurons in each half of the central nervous system are slight, so that one can replace the other to a considerable extent. But in many other cases the loss of one fibre must involve considerable loss of function, which may be mitigated to a certain extent by the overlapping fields of different neurons. The nervous system also contains cells that surround, nourish, and support the neurons and their process, and these are called glial cells. [40]

#### *Nerve cells or neurons*

As in most invertebrates, unipolar neurons predominate, even though a few bipolar and even multipolar nerve cells have been described. [13, 20, 43] Neuronal cell bodies have overall ultrastructural features similar to those of most vertebrate and invertebrate neuron. They contain a pale round or oval nucleus with one or more prominent nucleoli. The cytoplasm is rich in granular and agranular endoplasmic reticulum, free ribosomes, mitochondria and glycogen deposits. Some mitochondria have a paracrystalline structure, similar to that found in the neurons of *Spisula solidissima* [32, 44], which may be related to the accumulation of proteins and lipid; as it is known to occur in a variety of vertebrate and invertebrate cells. Microtubules and microfilaments are bare. Golgi complexes are numerous and developed, being formed by long curved cisternae filled with finely granular electron-opaque material and by vesicular profiles of variable size and electron density. In most cell bodies, dense core vesicles are an important component and can be found in large amounts dispersed in the cytoplasm. They display a great variability of size, shape and electron-opacity and represent the only distinctive feature of the neuron, which are comparable in other ultrastructural respects. [37, 45]

Most neuronal bodies are in the cortex and close to the perineurium sheath of the ganglia. There are

also the beginnings of the nerves fibres that are made of axons (i.e., neurites in unipolar neurons) and eventual dendrites. [46] Pigments can also be found within neuron, namely as granules designated by cytosomes or lipochondria, exactly alike described in gastropods. [20, 37, 47] The cytoplasmic membranes of neuronal cell bodies, which are in extensive reciprocal contact, do not show particular specializations, except for the presence of subsurface cisternae in peripheral neurons of *S. solidissima*. [44]

The neuronal cell process originates from a large, cone-shaped extension of the soma which gradually taper. The cytoplasm contains microtubules, neurofilaments, mitochondria and vesicles displaying the same ultrastructural heterogeneity as those in the cell bodies. The ganglionic core is formed by a complex network of processes of different diameters. Nerve processes containing cytoskeletal elements are intermingled with others filled with vesicles. Tracts are formed by wider axons of passage, while non-glomerular neuropil contains finer processes which arborise and establish synaptic contacts. [20] Different types of neurons can be identified from their branched process pattern and in terms of function, and so they can be grouped into three basic categories: a) neurons with specialized endings that respond to energy from the environment are called sensory neurons; b) neurons that have axons terminating on muscle fibers are called motor neurons c) all other neurons, that are interneurons. [1, 21, 48]

The majority of synaptic contacts occur in the neuropil between nerve processes, even if rare, axomatic synapses have also been recognized within the cortex. The presynaptic sides can be identified both the presence of neurotransmitter vesicles and of electron dense areas collate to the membrane. In these synaptic areas, organelles such as mitochondria and cytoskeleton elements are sparse. Post synaptic sites are simpler, being the most significant feature the unevenness of the membrane. The synaptic space (cleft) typically does not vary in width (H" 20 nm) across the synapse. Despite this key features, more than one type of synaptic characteristics may occur. For instance, in the genus *Mytilus* there are synapses with vesicles that only have a lucid content while other have vesicles having either dense or clear cores. In addition to the vesicle discharges at synapses, it is accepted that neuromediators are released at non-synaptic sites; a process that is not exclusive of bivalves. More details on the above can be read elsewhere. [46, 49]

### **Glial cells**

As in vertebrates, the glial cells of invertebrates have a vast array of structural and functional specializations. [50] They can be feature of the higher invertebrate groups like, the Arthropods, Annelids and Molluscs. Their location is around the neurons, especially at the nervous tissue interface. Glial cells have an oval nucleus with chromatin clumped in the periphery. Generally, two types of electron-dense, membrane-bound inclusions can be discerned: cytosome-like bodies and oval granules called gliosomes (450-650 nm in length and 250-350 nm in width). These later are a distinctive feature of glial cells in several bivalve species (and also gastropods). Their role in nervous activity appears to be necessary when the neurons become aggregated into ganglia. [13, 50, 52] In the *Mytilus edulis*, glial cells have an oval or indented nucleus with chromatin clumped in the periphery. Their cytoplasm is usually scanty but nevertheless contains microfilaments, mitochondria, cisternae of rough endoplasmic reticulum, free ribosomes, and small Golgi complexes. [53] Neuronal cell bodies in the cortex of the pedal ganglion are subdivided in clusters by septa formed by glial cell bodies and their processes, among which there is a system of intercellular channels, mainly evident in the subperineurial zone. In this region, even in well-fixed tissues, there are clusters of empty vesicular profiles of variable size, which seem to bud off from glial processes: the nature of dark glial cells characterized by a dense cytoplasm, which are present in the deepest regions of the cortex and in the neuropil. Glial cells appear less frequently in the ganglion central fiber core, being completely absent from wide neuropil regions. [20, 51]

### **The peripheral nervous system**

The peripheral nervous system of bivalve is made up of sensory structures regulated through the lateral nerves. The organs are usually tentacles and most are typically mechanoreceptors and chemoreceptors. The sensory organs of bivalves are not well developed, and are largely a function of the posterior mantle margins. In scallops have complex eyes with a lens and retina, but most other bivalves have much simple eye or ocelli. In Septibranchs, the inhalant siphon is surrounded by vibration-sensitive tentacles for detecting prey. [7, 54]

### **Primary ciliary receptors**

In bivalves, three types of ciliated sensory receptors were described. [55, 57] The most common consists

of 35-40 nonmotile cilia on a cluster of four to six sensory neurons, apparently mechanoreceptors associated with a pair of glandular cells. The second type, a monociliary receptor, has a long, stiff kinocilium surrounded at the base by a corolla of nine short, club-shaped microvilli. The third type consists of 17-20 nonmotile cilia in a circle on a single sensory neuron that distally envelops a gland cell. These structures work as mechanoreceptors and can be seen in the tentacles of the scallop *Placopecten magellanicus* [58], mantle edge of *Donax serra* and *Donax sordidus* and on the siphon of *Macoma balthica*. [56]

### **Ocelli (eye spots)**

Bivalves have two types of eyes: paired cerebral eyes, as well illustrated in the veliger (the planktonic larval stage) and adults of *M. edulis*, and pallial eyes. [32] The latter eyes are found on the siphons of *Cardium edule* and on the middle mantle fold of the *Pecten maximus*. [59] This organ is the light receptor, containing pigmented cells. In *M. edulis*, cerebral eyes appear as dark spots located at the bases of the first ctenidial filaments of the left and right inner demibranchs. Each ocellus is an open cup, and the retina is composed of sensory and pigment cells. Eyes in *P. magellanicus* are on the middle of the mantle skirt. [32] The photoreceptor organelles are directed toward the incoming light. The sensory cell has a bulbous nuclear region, a slender cell process, and, apically, rhabdomeres, and, compared to the eye of genus *Pecten*, there are very few receptor cells. [59] In *Pecten maximus*, more than 60 eyes are located in the sensory fold of the mantle. [58] Each consists of a cornea, a large cellular lens, a distal and proximal retina, a reflecting argentea, and a layer of pigment cell around the eye. The lens cells contain few organelles and rest on a thick basal lamina. Beneath the lamina there are nerve fibres of the distal retinal cells that bear few microvilli among numerous cilia at their distal surface. The axon leaves the distal retinal cell from the side, passes up to the basal membrane, and joins other distal nerve fibers to form the optic nerve. There are glial supporting cells between the distal and the proximal retina, the cells of which face in the opposite direction from the distal cells. [58, 59]

### **Statocyst**

In bivalves, paired statocysts are located in both dorsolateral sides of the pedal ganglia, and there are nerve connecting them to the cerebral ganglia. In the genus *Pecten*, each statocyst consists of a sac of hair cells and supporting cells. Inside the sac is a statolith

composed of crystals, and a static nerve extends from the sac and eventually connects to the cerebral ganglion. [60] Hair cells have kinocilia, microvilli at their distal ends, and one or more striated roots that pass deeply into the cell cytoplasm. They function to allow animal to maintain orientation. [32, 61]

### ***Osphradium***

The osphradium can detect incoming water as a chemo- or mechanoreceptor around the ctenidial axis, exhalant, and suprabranchial section of mantle cavity. In a number of bivalve species, osphradia have sensory processes, sensory cells, supporting cells, and innervation of the ridge by nerves from ventral ganglion. [29] The osphradium is an ancient sensory structure in Mollusca, and it is better developed in Gastropoda, where it is a strategically located chemo-mechanical organ in the pallial cavity. [32, 62]

### ***Abdominal sense organs***

Abdominal sense organs are situated on the ventral surface of the posterior adductor muscles in bivalves. [32] The sensory epithelium is tall and consists of two predominant cell types, electron-dense supporting cells with microvilli only, pigment granules and oval distal nuclei, and sensory cells with round proximal nuclei and electron-lucent cytoplasm. The narrow sensory processes always are bunched and reach the surface bearing long stiff cilia. Surrounding the cilium is nine 'stereomicrovilli' forming a basal plate in connection with the basal body. In the prosobranch *Nucula sulcata* there is the so-called Stempell's organ, a tube-like sense organ, situated immediately dorsal to the anterior adductor muscle. Collar receptors in the sensory portion of the organ indicated a mechanoreceptive function. [32]

The cellular components of an invertebrate nervous system include: sensory neurons, which convert physical variables (e.g., light level or muscle force) into electrical signals; motor neurons, which make synapses with muscles or other effector organs (e.g., light-producing organs, glands); interneurons, which transmit information between other neurons; and glial cells, which are electrically excitable, that influence the ionic environment surrounding neurons and the transmission of signals between them. [13] The transport of signalling of neurotransmitters is considered to be a major function of ganglia in most bivalves division of the ganglia. The central nervous system of bivalves have neurons that contain the biogenic amines dopamine (DA), norepinephrine

(NE) and serotonin (5-HT), each type might inhibit the synthesis of the other transmitters.

### ***Neuroactive substances***

There are various techniques to study in nervous tissue of bivalves, and one of the important technique is immunocytochemistry, which for instance characterized the neurons containing neuroactive substances in *M. edulis*. [46]

### ***Serotonin or 5-hydroxytryptamine (5-HT)***

5-HT is found in the central nervous system of vertebrates and invertebrates. [63] It is thought as the key neurotransmitter that control reproductive process of many invertebrates, such as the crustacean *Macrobrachium rosenbergii*. [64] In *M. edulis*, serotonin immunoreactive neurons were seen in light microscopic immunocytochemical studies. Most often, those neurons are unipolar (8.5-25  $\mu\text{m}$ ) and very numerous both in the pedal and the cerebral ganglia. [65] Moreover, a great number of labelled nerve processes were shown in the ganglionic cores, in the connectives and in the nerves. In the bivalves *Anodonta cygnea* and *Macra stultorum*, auto radiographic studies indicated that there is a selective uptake of 3H5-HT by ganglionic nerve processes containing dense core vesicles. The neuropil of the pedal ganglia has small dopamine-containing neurons closely associated with it. Situated ventrally in the pedal ganglia is a large group of 5HT-containing neurons. Both dopamine and 5-HT are present in the cells at the junction of the visceral and right parietal ganglia, and that dopamine and 5-HT varicosities are present in the neuropil of the pedal ganglia in molluscs. [63]

### ***Neuropeptides***

Neurons immunoreactive for gamma-aminobutyric acid (GABA) have been verified in all the ganglia using an antibody directed against the amino acid itself. [66] GABA immunoreactive neurons are represented more in the pedal and cerebral ganglia than in the visceral ganglia, but are less numerous than neurons displaying 5-HT-positivity. For the majority, GABA-positive neurons are small, unipolar (10  $\mu\text{m}$  in diameter), the exceptions being represented by a few small bipolar and multipolar cells present almost exclusively in the pedal ganglia. [48] In these latter there are also two pairs of bilaterally symmetric, large (30  $\mu\text{m}$  in

diameter) multipolar neurons with long processes projecting widely throughout the neuropil. Immunoreactive processes form networks in the ganglionic cores and run in all the connectives and nerves; even so, GABAergic fibers are very rare in the foot. [48] Whether peptide releases occur at synaptic contacts remains to be fully elucidated, as synaptic terminals positive to neuropeptides have not yet been recognized. In addition to the substances above-mentioned, there is physiological and pharmacological evidence for the presence of other peptides, both in the central and peripheral nervous system, such as the case of FMRFamide (Phe-Met-Arg-Phe-NH<sub>2</sub>). [43]

### *Acetylcholine (Ach)*

Acetylcholine has long been recognized as a neurotransmitter. In most bivalves Ach acts as an inhibitory neurotransmitter whereas in some it may have an excitatory role. Ach actions can be even inconsistent within a species. Ach has, therefore, a wide variety of effects, e.g., on the heart where it is a cardioinhibitory neurotransmitter. [67]

### *Dopamine*

Dopamine is widely distributed in the invertebrate nervous system and has a diverse effect of reproduction in bivalves. [68] Dopamine was shown to inhibit spawning activity in serotonin-treated *Dreissena polymorpha* mussels, indicating that spawning activity is stimulated by serotonin but negatively controlled by dopamine (i.e. dopamine is linked to gametogenesis rather than spawning and fertilization) [69]. In the gonads of *Mizuhopecten yessoensis*, dopamine acts both as a neurotransmitter and neurohormone to rise the levels of cAMP, that seem to play a regulatory role in the reproduction. [70] This does not mean that dopamine have actions restricted to reproduction, exemplified by its role in the control of ciliary beating as elegantly demonstrated in *C. virginica*. [42]

### *Mechanisms of neuronal transmission*

Knowing that nerve impulses were mediated by chemical neurotransmitters, it became possible to isolate the inhibitory and excitatory effects of nerve stimulation and to identify the probable neurotransmitter substances.

### *The action potential*

Just as a quick reminder, a basic function of most neurons is ability to produce nerve impulses or action

potentials along the cell membrane. Potential differences across the membrane known as the membrane potential. In the resting potential membrane, it is approximately -65 mV. When the membrane potential is raised enough to reach the threshold result in voltage-gated, sodium channels open up and allowing Na<sup>+</sup> to flow into the cell and depolarizing the membrane. This is an action potential (AP), the rapid depolarization is soon opposed by the closing of Na<sup>+</sup> channels (stopping its influx from the exterior) and opening of K<sup>+</sup> channels (allowing the efflux of K<sup>+</sup>, during both the repolarisation and hyperpolarization phases for restoring the resting potential). Finally, both Na<sup>+</sup> and K<sup>+</sup> channels close and the membrane potential return to resting stage and along the membrane is passively extended and excited adjacent areas to do the same step. The presynaptic terminal contains synaptic vesicles-packets containing a chemical neurotransmitter. The type of neurotransmitter varies depending on the neuron. [1-5]

### *Neurotransmitter activity*

We know that there are different neuropeptides and that small-molecule transmitters exist in the neuron bivalves, including acetylcholine, monoamines, and amino acids. [71] For the events underpinning impulse conduction, the synapse plays a critical role in integrating activities of the nervous system. This synapse is one in which transmission is chemically mediated, i.e., a substance liberated from the nerve ending of one cell brings about excitation in the plasma membrane of the next. In many cases acetylcholine fulfills this function just as it does in the classical myoneuronal junction. In other instances norepinephrine plays a similar role, although in these cases some structural differences in the synapse appear. Indeed, specialized low-resistance connections exist, coupling the pre and postsynaptic neurons and resulting in extremely rapid transmission. Finally, in all cases in which electrical transmission has been seen a particular structural type of intercellular junction has also been present. [1, 20]

### *Neural modulation of the physiology of the reproduction in bivalves*

Many substances have been candidates as neurotransmitters in bivalves. Acetylcholine, 5-hydroxytryptamine, dopamine, and FMRF amide, they might be physiologically significant in a few species. Acetylcholine and 5-hydroxytryptamine are almost certainly neurotransmitter substances in the gonad whether or not any other neuroactive

endocrine substances are released at sites remote from the gonad. [1, 65] Bivalves possess large identifiable nerve cells in their ganglia, and some of these have been shown to be reproductive-regulatory. [72]

For example, in green lipped mussel, *Perna canaliculus*, neurons in the visceral ganglia of both male and female were characterized by immunohistochemical techniques, and found that there are immunoreactivity of anti-5HT and anti-DA in large type and anti-APGWamide in small type of neurons. [38] In the gastropod *Haliotis asinina*, which has a predictable spawning cycle, there are various neuropeptides secreted from anterior ganglia that play a regulatory role in reproduction, like APGWamide, myomodulin, and FMRamide. [73]

### ***Morphological and physiological aspects of gonads and breeding cycles***

#### ***Sexual differentiation***

Gonochorism is the condition of most bivalves, with no external morphological differences between the sexes. [7, 74, 75] However, the presence of some hermaphrodites in wild populations was reported, e.g. in the form of oocytes within the normal testicular tissue (ovotestis), namely in individuals of *Scrobicularia plana*. [76, 77] Some species are naturally predominantly hermaphrodites, with distinct male and female portions of the gonad, like seen in scallop *Pecten maximus*; the mature gonad is divided into two areas: dorsal testis with white colour and ventral ovary with orange-red colour. [7, 78] In *Anadara broughtoni* (48.3-52.5 mm in size), gonads are present at sexual maturity and the sexes were reported as being separated. In *Anadara senilis* from Nigerian coast, studies on the sexuality concluded that it is a protandrous hermaphrodite (monoecious), with animals developing as males first and then changing to be females. [79]

#### ***Gametogenesis***

Gametogenesis involves the production of gametes in the gonad that occupy a major portion of the visceral mass as in bivalves. Spermatogenesis and oogenesis is related to a period of reproductive cycle that is influenced by external environmental factors. Spermatogenesis occurrence located along the inner periphery of acinus. Spermatogonia are the first cells to become primary spermatocytes by mitotic divisions, later these cells undergo into meiosis to become secondary spermatocytes and spermatids, respectively, then following the differentiation of mature spermatids into spermatozoa without further cell divisions. [28, 32] As to oogenesis, the primary

oogonia have potential to do repeated mitosis and in the process differentiate to secondary oogonia, which ingress in the meiotic process until stopping at the prophase stage of meiosis I – the completion of meiosis occurs at fertilisation. During oogenesis, the oocytes greatly increase in size by a process named vitellogenesis, which basically consists in the assemblage of lipids and some glycogen in the ooplasm. [7, 78]

#### ***Spawning***

In most bivalves, there are various stimuli suggested as being importance in control the breeding cycle, like water temperature, pH range, tide, latitude, and food abundance. [75-80] Whilst extreme temperatures may inhibit spawning, these seem to be less limiting in warmer climates than in temperate waters. It is widely suggested that in each species may occur only over a critical spawning period and also depending on the physiological condition of the animals and/or their geographical distribution. [81, 82] Generally, gametes are discharged into the mantle cavity and then into the environment by valve movements, relaxation of adductor muscles, enlargement of ostia, and increased ciliary action of the ctenidia [32-79] and are fertilized externally. Internal fertilization in some bivalves females collect sperm in the mantle cavity or gill chamber and then the developing larvae are brooded. The zygote continues develop in various larval forms (trochophore and veliger) up to reaching the juvenile stage. [32] Differences exist even in species of the same genera. For example, the major period of spawning of *Anadara granosa* in southern Europe is from July to October with a peak in August, and larvae can be found for over a two month period. [83] This is different from *A. senilis*, as it appeared that the major spawning period is in October, and some spawning of *A. gmnosa* probably takes place throughout the year. [79] But there are evidences of a peak period in between June and September. In *A. broughtoni* from Japan has spawning time in beginning of August to the end of September. [79]

#### ***Evidence for neurosecretory (neuroendocrine) substances involved in reproduction***

Bivalve reproduction consists of many critical steps, beginning in nerve centres and ending in the gonads. The steps include sexual development, gametogenesis, fertilization and spawning. On the whole, sexual differentiation processes of bivalves are still in doubt but some aspects are gaining a better understanding. Serotonin, dopamine and sex

steroids are some agents that are involved in the sexual differentiation process. [84]

Monoamine oxidase (MAO) regulated by serotonin level is the main elimination pathway for monoamines such as dopamine, serotonin, octopamine and noradrenaline. The MAO activity could be induced by a variety of secondary amines in the environment and could likely modulate serotonin levels in nerve tissues and perhaps sex differentiation. For example, MAO activity in the nerve ganglia and gonad was shown to be induced with a concomitant decrease in serotonin and dopamine in mussels exposed for 90 day, 10 km downstream from a primary-treated municipal effluent plume. [85] Indolamines (serotonin and tryptamine) and catecholamines (i.e., dopamine and noradrenaline) are particular neurotransmitters involved in the integrated actions of neuronal populations that implicate at the sexual differentiation in bivalves.[86-87] The level of dopamine increases after injections of E2 in the sea scallop, but it dropped during active spawning period.[88] Moreover, dopamine was shown to inhibit spawning activity in serotonin-treated *D. polymorpha* mussels. [69] There has been a quest to locate the involved neurons. For instance, an immunohistochemical study was made in the green-lipped mussel, *Perna canaliculus*, using anti-sera raised against neuropeptides and neurotransmitters known to control reproduction and spawning. The authors concluded that there are neurons positive for serotonin (5-HT), dopamine (DA), APGWamide, and egg-laying hormone (ELH) within the visceral ganglia, despite not being able to prove the physiological functions in the control of the reproduction of the studied species. [38]

Many of the hormones in invertebrates are neurohormones, so they are produced by nerve cells. [89] As with conventional neurons, neurosecretory cells are able to receive signals from other neurons. However, unlike ordinary neurons that have cell-to-cell communication over short distances at synapses, neurosecretory cells ultimately release their product into an extracellular space that may be at some distance from the target cells. [89] In an organism with a circulatory system, the neurohormones are typically sent by the vascular route to their target. In contrast, in lower invertebrates that lack an organized circulatory system, the neurohormones apparently simply diffuse from the release site to the target. In molluscs, the neurosecretory cells and nerve cells in ganglia are described as endocrine cells producing neurohormones (dopamine, noradrenaline and serotonin). [89] In *V. verrucosa*, 5-

HT was studied by immunohistochemistry, and it was found in serotonergic neurons that were located at a region of the cortex of the visceral ganglion, in serotonergic fibers at the root of branchial nerve, and along the walls of the ovarian follicles and also running between the seminiferous acini. [36] In *Lamelliden scorrianus*, two types of neurosecretory cells were observed on the dorsal surface of cerebropleural ganglia, which accumulate the neurosecretory material at low temperature. [90]

By all the above, it is logically possible to hypothesize that there is a large potential for xenobiotic endocrine disruption effects on the nervous system controlled reproduction.

#### *Effects of endocrine-disrupting chemicals on bivalves*

Endocrine-disrupting chemicals (EDCs) are substances that can interfere with the endocrine system of animals, being this simplistic definition subject to refinements.[91] EDCs are known for a wide range of chemical compounds, including, natural estrogen and synthetic hormones (ethynylestradiol), industrial chemicals (such as alkylphenols, bisphenol A, ethoxylates and tributyltin) and pesticides (eg, chlormephos and atrazine). [92-94] Evidence of the effects of these compounds has been presented in the majority of studies with fish, crustaceans, annelids and molluscs. [95, 97] Certain alarming concerns have been increased in human health of EDCs, such as decline in sperm quality, increase in the frequency of developmental abnormalities of the male reproductive tract, precocious puberty, and altered neuronal development. [98, 99]

Aquatic organisms are being subjected to contact with these substances because they are discharged into the water, and thus appear in rivers, estuaries and sea. [100] This lead to numerous studies on wildlife and consequently the interest on endocrine disruption of invertebrates is obtaining more attention. Nowadays there are facts pointing that bivalves seem to be affected by EDCs, as revealed by the appearance of oocytes in the testes (ovotestis-intersex) of the peppery furrow shell, *S. plana*, from the Avon Estuary, United Kingdom, where there was a likely source of estrogenic chemical from agriculture, and also in the Guadiana Estuary, in Portugal, where the presence of EDCs was thought to mainly derived from urban, industrial and agricultural discharges.[76, 77] In the freshwater mussel, *Elliptio complanata*, waterborne exposure to estrogenic compounds present in municipal effluents (and also direct exposures by injection), were able to

alter the metabolism of serotonin and dopamine (both players in the sexual differentiation), likely via E2 receptor-mediate pathway and serotonin receptors.[85] All these examples do show the current pertinence to address EDCs impacts over the nervous system of bivalves, and looking for the impacts of the gonadal maturation events.

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*Revised Rates for 2014 (Institutional)*

<b>Title</b>	<b>Freequency</b>	<b>Rate (Rs): India</b>	<b>Rate (\$) :ROW</b>
Dermatology International	2	2500	280
Gastroenterology International	2	3500	360
Indian Journal of Agriculture Business	2	4500	300
Indian Journal of Anatomy	2	3200	260
Indian Journal of Ancient Medicine and Yoga	4	6600	330
Indian Journal of Anesthesia and Analgesia	2	4000	600
Indian Journal of Anthropology	2	8000	500
Indian Journal of Applied Physics	2	3500	400
Indian Journal of Biology	2	1500	170
Indian Journal of Cancer Education and Research	2	4500	500
Indian Journal of Communicable Diseases	2	1000	58
Indian Journal of Dental Education	4	3200	288
Indian Journal of Forensic Medicine and Pathology	4	12500	576
Indian Journal of Forensic Odontology	4	3200	288
Indian Journal of Genetics and Molecular Research	2	5000	262
Indian Journal of Law and Human Behavior	2	5000	500
Indian Journal of Library and Information Science	3	7500	600
Indian Journal of Maternal-Fetal & Neonatal Medicine	2	4500	400
Indian Journal of Mathematics and Statistics	2	3000	200
Indian Journal of Medical & Health Sciences	2	1800	120
Indian Journal of Obstetrics and Gynecology	2	2000	200
Indian Journal of Pathology: Research and Practice	2	3000	915
Indian Journal of Plant and Soil	2	5000	1700
Indian Journal of Preventive Medicine	2	3200	270
Indian Journal of Reproductive Science and Medicine	4	3000	180
Indian Journal of Scientific Computing and Engineering	2	3300	280
Indian Journal of Surgical Nursing	3	1800	70
Indian Journal of Trauma & Emergency Pediatrics	4	6500	302
International Journal of Agricultural & Forest Meteorology	2	8000	800
International Journal of Food, Nutrition & Dietetics	2	3200	900
International Journal of History	2	6000	500
International Journal of Neurology and Neurosurgery	2	7500	276
International Journal of Political Science	2	5000	400
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[2] Twetman S, Axelsson S, Dahlgren H, Holm AK,

Källestål C, Lagerlöf F, et al. Caries-preventive effect of fluoride toothpaste: A systematic review. *Acta Odontol Scand* 2003;61:347-55.

#### Article in supplement or special issue

[3] Fleischer W, Reimer K. Povidone iodine antiseptics. State of the art. *Dermatology* 1997;195 Suppl 2:3-9.

#### Corporate (collective) author

[4] American Academy of Periodontology. Sonic and ultrasonic scalers in periodontics. *J Periodontol* 2000;71:1792-801.

#### Unpublished article

[5] Garoushi S, Lassila LV, Tezvergil A, Vallittu PK. Static and fatigue compression test for particulate filler composite resin with fiber-reinforced composite substructure. *Dent Mater* 2006.

#### Personal author(s)

[6] Hosmer D, Lemeshow S. *Applied logistic regression*, 2<sup>nd</sup> edn. New York: Wiley-Interscience; 2000.

#### Chapter in book

[7] Nauntofte B, Tenovou J, Lagerlöf F. Secretion and composition of saliva. In: Fejerskov O, Kidd EAM, editors. *Dental caries: The disease and its clinical management*. Oxford: Blackwell Munksgaard; 2003. p. 7-27.

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[8] World Health Organization. *Oral health surveys - basic methods*, 4<sup>th</sup> edn. Geneva: World Health Organization; 1997.

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[9] National Statistics Online – Trends in suicide by method in England and Wales, 1979-2001. [www.statistics.gov.uk/downloads/theme\\_health/HSQ20.pdf](http://www.statistics.gov.uk/downloads/theme_health/HSQ20.pdf) (accessed Jan 24, 2005): 7-18. Only verified references against the original documents should be cited. Authors are responsible for the accuracy and completeness of their references and for correct text citation. The number of reference should be kept limited to 20 in case of major communications and 10 for short communications.

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## Subject Index

Title	Page
A Study of Anatomical Variations in the Arteries Supplying Gut Derivatives	99
A Study of Buccal Mucosa of Smokers to Detect Precancerous Lesions	149
A Study of Congenital Anomalies of Ureter	77
A Study of Cranial Capacity and Cranial Index for Sex Determination in Indian Skull	19
A Study of Morphology and Relations of Iliocava Junction to Aortic Bifurcation and Lumbosacral Vertebrae	213
Absent Median Lobe of Thyroid Gland	187
An Anatomic Study of Branching Pattern of Right Coronary Artery (RCA)	111
An Objective Structured Practical Examination to Test Undergraduate Medical Students in Anatomy	5
An Unusual Presentation of a Huge Cervical Fibroid	183
Anomalous Origin of Sural Nerve: A Case Report	175
Anthropometric Data of Hand and middle finger length in both sexes of College students and its correlations with stature	219
Bilateral Abnormal Origin of Radial Artery From 3 <sup>rd</sup> Part of Axillary Artery: A Case Report	179
Bilateral Variation in Formation of Median Nerve	49
Body Donation Awareness' - The only solution for the Scarcity of Cadavers in Medical Education in India	201
Glutaraldehyde: A New Embalming Chemical Composition for Preservation of Cadavers for Innovative Surgical Procedures	39
Implementing Change in Teaching Methodology Based on Student's Feed Back: A Study	33
Morphological Study of Human Fetal Kidney during Mid Gestational Period	11

## Subject Index

Title	Page
Morphological Anatomy of Splenic Artery and its Clinical Implications	167
Morphological Characteristic of Placenta in Sudanese	81
Morphometric Study of Sacral Hiatus in Dry Human Sacra of Maharashtra Region	161
Morphometric Study of the Pituitary Gland on MRI	119
Nerve Blood Flow in Diabetic Peripheral Neuropathy: Revisiting the 'Vasa nervorum' Hypothesis	137
Pentalogy of Fallot	133
Perforated Olecranon Fossa in Humerus	73
Possible Developmental Origin and Clinical Implications of a Brachial Plexus Variation	127
Pregnancy in the Rudimentary Horn of Uterus at 14 Weeks of Amenorrhea	45
Redeeming of Dissection an Evolving a Strategy to Bring in Objectivity and Uniformity in Practical Examination in Anatomy	23
Sexual Dimorphism in Foot Length and its Comparison with Height and Weight	105
Study of Congenital Malformations in Central Nervous System in Newborns	155
Study of the Articular Facet on the Superior Surface of the Calcaneum	29
The Bivalve Nervous System And Its Relevance For The Physiology Of Reproduction	227
The Effect of Green Tea Extract on Submandibular Salivary Gland of Methotrexate Treated Albino Rats : Immunohistochemical Study	87
Undergraduate Modified Teaching : Feedback	207
Unilateral Absence of Musculocutaneous Nerve-Replaced by Median Nerve	53
Variant Form of Axillary Arch Muscle and its Clinical Significance	59

## Author Index

Name	Page	Name	Page
A. Ananda Sagari	33	Eduardo Rocha	227
A.K. Prasad	175	F.M. DeSouza	39
A.M. Wahane	179	G.A. Shroff	219
A.R. Kharkar	11	G.A. Shroff	11
Abdelrahman M.A.	81	Gaikwad A.P.	119
Abhilasha Dadhich	29	Gaikwad Jyoti R.	167
Adhikari Prabha	137	Gajbhiye Sonal F.	155
Ali Sultan Al-Refai	87	Gaurav Machale	133
Ambali M.P.	19	Ghule Shubhangi B.	19
Ambiye Medha V.	59	Herekar N.G.	105
Ameera Kamal Khaleel	87	J.E. Waghmare	49
Amit Magadam	77	Jeganathan P.S.	137
AU Siddiqui	201	Joshi Uttama	161
B.R. Sontakke	49	Jyotsna Singh	111
Bahetee B.H.	119	Kadlimatti H.S.	53
Bhaisare Kiran B.	155	Kharate Rahul P.	167
Bhaurao Yadav	183	Kulkarni Saurabh P.	213
Bhivate Varsha R.	167	Kumar Senthil P.	137
C.A. Satpute	179	M. Natarajan	213
Charanjeet Kaur	111	M.B. Saknure	179
Col Sushil Kumar	207	M.P. Parchand	179
D. K. Sharma	201	M.R. Shende	49
D.S. Joshi	175	Mahajan Amrut A.	19
Daksha Dixit	149	Mahantesh Siddibhavi	5
Daksha Dixit	77	Mandhana V.S.	219
Daksha Dixit	5	Maria J. Rocha	227
Deepa G.	99	Mona Sharma	127
Dhobale Manisha	161	Moushmi B. Parpillewar	45
Dnyanesh D.K.	77	Mrithunjay Rathore	201
Dope Santoshkumar A.	207	Mundada S.	155
Dr.Mois Khawja	219	Muthiyan Gayatri G.	59

## Author Index

Name	Page	Name	Page
Navtej Singh	111	Savaskar Shakira V.	155
Nishad Patil	133	Sayee Rajangam	73
Nitin Mudiraj	161	Seema Madan	33
P.E. Natekar	39	Shahen Ali	87
Pandhare S.R.	119	Sheetal Pattanshetti	5
Pavan Suryawanshi	133	Shilpa Bhimalli	5
Pawar S.	119	Shinde R.B.	119
Payal Kasat	59	Shivakumar G.L.	99
Phad V.V.	105	Shyambabu Rauniyar	149
Pradeep K. Pawar	29	Sukanlaya Tantiwisawaruji	227
Prithpal S. Matreja	111	Suma Dnyanesh	77
Priyanka Vhatkar	183	Sunil Mhaske	133
Pushpa Potaliya	29	Sushil Kumar	23
R.K. Zargar	207	Sushil Kumar	187
R.K. Zargar	23	Suvarna A. Gulanikar	11
Rahul Maski	133	Syed Sadiqali Abbasali	105
Ramesh B. Kothari	133	T.C. Singel	149
Rani Kumar	127	Teli Chandrika G.	53
Raviraj Tiruke	183	Ujjawal Narpatsingh	167
Renu Dhingra	127	Uthaiwan Kovitvadhi	227
S.A. Talokar	179	V. Vijayaraghavan	53
S.M. Bhimalli	149	V.B. Bhagwat	175
S.S. Dhapate	175	V.R. Wankhede	49
Sachin V. Tadas	45	Vahane M.	119
Sandeep Deokate	133	Vidhya R.	73
Santoshkumar A. Dope	45	Y.K. Karnewar	175

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