

Good Parenting Skills

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ABSTRACT

Being a Parents there is a lot of responsibility towards a child which helps in their development. good parents have responsibility to teach their children about what is right and wrong and teach them about how to behave in society. Good parenting also helps their child in taking their decisions, self-control, kindness, self-direction, honesty, co-operation and providing them a positive environment so that they can enjoy and feel safe. Good parents give their child proper time and attention so that child doesn't feel alone. Good parenting focusing on developing the independence in children, social skills, building a strong relationship between them.

KEYWORDS: Self-control; Cooperation; Kindness; Honesty; Positive attitude; Social skills; Strong relationship.

INTRODUCTION

Good parenting means rearing or raising a child physically, mentally, psychologically, emotionally, and the overall development of a child from a new born to adulthood. Good parenting includes growing a child with protection and ensuring a child's healthy development from infancy to adulthood. When a child is born it comes with the responsibilities to the parents not only giving a birth but to nurture a child in a proper way.

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TYPES OF PARENTING

- Permissive Parenting.
- Authoritative Parenting.
- Neglectful.
- Authoritarian.

QUALITIES OF GOOD PARENTS ARE

Role and Responsibilities

As parents, you have to make a better planning to share the roles and responsible equally. This is a best way to model an equality for your children and sometimes they themselves should take a break from their assigned roles this will enhance their relation with their children and their marriage also.

Practices and Belief

Good parents should discuss about the topics like tradition, belief, caste, religion, gender and politics related issues. This will help to build an effective

communication and healthy relationship. Such matters make difficult for child to have a sense of specification.

Proper Discipline

Parents have to make some rules for appropriate and acceptable behavior which they have to follow consistently. Proper discipline in a family gives a sense of security to a child. Conflict between the parents can disturb parenting experiences.

Economical Security

A family can enjoy the life only when they have proper economical settlement. Couples should plan a baby only when they have financial stability otherwise it will create a dangerous condition for the parents as well as the child.

Plan-do- Review

In this parent implement new rules and regulations according to the time on which they both are agreed. and then they review how it will work, they have to continue it or stop it completely.

STEPS FOR EFFECTIVE PARENTING

- Boosting a child's self-esteem.
- Proper time management for kids.
- Give them proper attention.
- Be a role model for them.
- Your parenting style should be flexible
- Showing your love to them.
- Acknowledge them about your expectation
- Set them to be as a top priority.
- Set rules and enforces them consistently.
- Always observe good Behavior in child.
- Maintain good relation with time.
- Practice active listening with them.

GUIDELINES FOR PARENT CHILD RELATIONSHIPS

- Set specific time for child to do some activities together.
- Always be consistent about the reward or punishment the behavior in same manner

as much as possible.

- Both of them should have share an equal responsibility of discipline.
- Always remember that your behavior affects your child's behavior because you are role model for them.
- Reward a child's good behavior by verbal praising, or giving them something like toys, favorite food, or by giving them money.
- Never show disagreement in front of children.

CONCLUSION

The relationship between the child and the parent is the most important thing because it is the foundation for the child's behavior, overall development, and life choices. Parents teach a child about the situations and how to react to them.

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